

Stockport Metro November Meet 2021 (25m)

Session 1

EVENT 101 Boy/Girl Open 800m Freestyle

BOY - Full Results

Place	Name	AaD	Club	Time						
1.	Nathan Wiffen	20	Loughboro Un	8:01.52						
	50m 26.90	100m 56.26	150m 1:26.13	200m 1:56.23	250m 2:26.25	300m 2:56.67	350m 3:27.25	400m 3:57.73		
	26.90	29.36	29.87	30.10	30.02	30.42	30.58	30.48		
	450m 4:28.11	500m 4:58.56	550m 5:28.87	600m 5:59.77	650m 6:30.17	700m 7:00.98	750m 7:31.55	800m 8:01.52		
	30.38	30.45	30.31	30.90	30.40	30.81	30.57	29.97		
2.	Reece Grady	16	Stockport Mo	8:10.26						
	50m 27.01	100m 56.31	150m 1:26.51	200m 1:57.11	250m 2:27.63	300m 2:58.56	350m 3:29.58	400m 4:00.64		
	27.01	29.30	30.20	30.60	30.52	30.93	31.02	31.06		
	450m 4:31.68	500m 5:02.78	550m 5:34.03	600m 6:05.45	650m 6:36.68	700m 7:08.15	750m 7:39.72	800m 8:10.26		
	31.04	31.10	31.25	31.42	31.23	31.47	31.57	30.54		
3.	Andrew Bertoli	17	Ellesmere Co	8:16.34						
	50m 27.56	100m 57.88	150m 1:28.76	200m 1:59.73	250m 2:30.51	300m 3:01.45	350m 3:32.47	400m 4:03.66		
	27.56	30.32	30.88	30.97	30.78	30.94	31.02	31.19		
	450m 4:34.65	500m 5:05.77	550m 5:37.40	600m 6:09.27	650m 6:40.75	700m 7:12.92	750m 7:44.78	800m 8:16.34		
	30.99	31.12	31.63	31.87	31.48	32.17	31.86	31.56		
4.	Max Adams	17	Co Salford	8:17.45						
	50m 27.19	100m 56.96	150m 1:27.70	200m 1:58.64	250m 2:29.71	300m 3:00.84	350m 3:32.05	400m 4:03.48		
	27.19	29.77	30.74	30.94	31.07	31.13	31.21	31.43		
	450m 4:34.99	500m 5:06.52	550m 5:38.37	600m 6:10.26	650m 6:42.05	700m 7:14.11	750m 7:46.50	800m 8:17.45		
	31.51	31.53	31.85	31.89	31.79	32.06	32.39	30.95		
5.	Jack Fleming	20	Loughboro Un	8:18.76						
	50m 28.15	100m 58.41	150m 1:29.52	200m 2:00.58	250m 2:31.94	300m 3:03.38	350m 3:34.98	400m 4:06.39		
	28.15	30.26	31.11	31.06	31.36	31.44	31.60	31.41		
	450m 4:37.72	500m 5:09.72	550m 5:41.49	600m 6:13.34	650m 6:45.07	700m 7:16.88	750m 7:48.40	800m 8:18.76		
	31.33	32.00	31.77	31.85	31.73	31.81	31.52	30.36		
6.	Adam Hall	20	Loughboro Un	8:22.83						
	50m 28.00	100m 58.70	150m 1:30.06	200m 2:01.66	250m 2:33.44	300m 3:05.50	350m 3:37.38	400m 4:09.19		
	28.00	30.70	31.36	31.60	31.78	32.06	31.88	31.81		
	450m 4:41.15	500m 5:12.85	550m 5:44.63	600m 6:16.46	650m 6:48.28	700m 7:20.54	750m 7:52.36	800m 8:22.83		
	31.96	31.70	31.78	31.83	31.82	32.26	31.82	30.47		
7.	Alexander Volkovoy	16	Co Salford	8:23.63						
	50m 27.91	100m 58.62	150m 1:29.97	200m 2:01.83	250m 2:34.05	300m 3:06.03	350m 3:37.88	400m 4:09.89		
	27.91	30.71	31.35	31.86	32.22	31.98	31.85	32.01		
	450m 4:41.78	500m 5:13.66	550m 5:45.97	600m 6:17.91	650m 6:49.95	700m 7:21.75	750m 7:53.23	800m 8:23.63		
	31.89	31.88	32.31	31.94	32.04	31.80	31.48	30.40		
8.	Luke Booth	16	Rotherham Mo	8:23.68						
	50m 28.14	100m 58.64	150m 1:30.16	200m 2:02.20	250m 2:34.26	300m 3:06.04	350m 3:37.91	400m 4:09.97		
	28.14	30.50	31.52	32.04	32.06	31.78	31.87	32.06		
	450m 4:42.15	500m 5:14.36	550m 5:46.66	600m 6:18.42	650m 6:50.55	700m 7:22.45	750m 7:54.26	800m 8:23.68		
	32.18	32.21	32.30	31.76	32.13	31.90	31.81	29.42		
9.	Kaiden Welsby	16	Stockport Mo	8:37.88						
	50m 57.60	100m 1:28.84	150m 3:10.55	200m -	250m -	300m -	350m -	400m 4:44.88		
	57.60	31.24	1:41.71	-	-	-	-	1:34.33		
	450m 5:18.16	500m 6:59.35	550m -	600m -	650m -	700m -	750m -	800m 8:37.88		
	33.28	1:41.19	-	-	-	-	-	1:38.53		
10.	Louis Fenson	19	Loughboro Un	8:40.58						
	50m 29.16	100m 1:01.49	150m 1:34.37	200m 2:07.71	250m 2:40.92	300m 3:13.98	350m 3:46.76	400m 4:19.42		
	29.16	32.33	32.88	33.34	33.21	33.06	32.78	32.66		
	450m 4:52.26	500m 5:24.89	550m 5:57.74	600m 6:30.77	650m 7:03.62	700m 7:36.53	750m 8:09.29	800m 8:40.58		
	32.84	32.63	32.85	33.03	32.85	32.91	32.76	31.29		
11.	Ryan Coulthard	18	Co Manch Aq	8:51.68						
	50m 28.03	100m 59.47	150m 1:32.28	200m 2:05.79	250m 2:39.29	300m 3:13.33	350m 3:46.85	400m 4:21.02		
	28.03	31.44	32.81	33.51	33.50	34.04	33.52	34.17		
	450m 4:55.00	500m 5:29.23	550m 6:03.81	600m 6:38.13	650m 7:12.75	700m 7:46.53	750m 8:20.13	800m 8:51.68		
	33.98	34.23	34.58	34.32	34.62	33.78	33.60	31.55		
12.	Jacob Barnett	14	Co Sund'land	8:54.34						
	50m 28.93	100m 1:01.89	150m 1:35.09	200m 2:08.43	250m 2:42.23	300m 3:16.31	350m 3:50.51	400m 4:24.73		
	28.93	32.96	33.20	33.34	33.80	34.08	34.20	34.22		
	450m 4:58.99	500m 5:33.28	550m 6:07.92	600m 6:42.11	650m 7:16.04	700m 7:49.76	750m 8:23.19	800m 8:54.34		
	34.26	34.29	34.64	34.19	33.93	33.72	33.43	31.15		
13.	Adam Wright	15	Winsford	8:59.02						
	50m 30.42	100m 1:03.34	150m 1:36.96	200m 2:10.56	250m 2:44.77	300m 3:18.95	350m 3:53.02	400m 4:26.96		
	30.42	32.92	33.62	33.60	34.21	34.18	34.07	33.94		
	450m 5:01.09	500m 5:35.27	550m 6:09.60	600m 6:43.68	650m 7:17.84	700m 7:51.96	750m 8:25.91	800m 8:59.02		
	34.13	34.18	34.33	34.08	34.16	34.12	33.95	33.11		
14.	Oliver Whittleston	14	Co Leeds	9:21.28						
	50m 30.11	100m 1:03.81	150m 1:38.77	200m 2:14.30	250m 2:49.75	300m 3:24.88	350m 4:00.89	400m 4:36.37		
	30.11	33.70	34.96	35.53	35.45	35.13	36.01	35.48		
	450m 5:12.10	500m 5:48.48	550m 6:24.53	600m 7:00.85	650m 7:37.48	700m 8:12.68	750m 8:48.52	800m 9:21.28		
	35.73	36.38	36.05	36.32	36.63	35.20	35.84	32.76		
15.	George Brooks	14	Co Leeds	9:21.66						
	50m 30.09	100m 1:03.00	150m 1:37.34	200m 2:11.99	250m 2:47.10	300m 3:22.76	350m 3:58.27	400m 4:33.70		
	30.09	32.91	34.34	34.65	35.11	35.66	35.51	35.43		
	450m 5:09.38	500m 5:45.06	550m 6:20.91	600m 6:56.85	650m 7:33.10	700m 8:09.74	750m 8:46.60	800m 9:21.66		
	35.68	35.68	35.85	35.94	36.25	36.64	36.86	35.06		
16.	Daniel Khodaverdi	12	Stockport Mo	9:25.38						
	50m 30.85	100m 1:05.32	150m 1:40.71	200m 2:16.97	250m 2:53.00	300m 3:29.55	350m 4:05.83	400m 4:41.97		
	30.85	34.47	35.39	36.26	36.03	36.55	36.28	36.14		
	450m 5:17.91	500m 5:54.33	550m 6:30.50	600m 7:06.35	650m 7:41.83	700m 8:17.76	750m 8:52.13	800m 9:25.38		
	35.94	36.42	36.17	35.85	35.48	35.93	34.37	33.25		
17.	Bobby Hulme	15	Co Manch Aq	9:36.91						
	50m 32.31	100m 1:07.72	150m 1:44.30	200m 2:20.52	250m 2:56.87	300m 3:33.42	350m 4:10.17	400m 4:46.52		
	32.31	35.41	36.58	36.22	36.35	36.55	36.75	36.35		
	450m 5:22.74	500m 5:59.16	550m 6:36.59	600m 7:13.04	650m 7:49.51	700m 8:26.05	750m 9:01.99	800m 9:36.91		
	36.22	36.42	37.43	36.45	36.47	36.54	35.94	34.92		

Stockport Metro November Meet 2021 (25m)

Session 1

	50m 33.03	100m 1:08.56	150m 1:44.30	200m 2:20.18	250m 2:56.24	300m 3:32.25	350m 4:08.51	400m 4:44.39
	33.03	35.53	35.74	35.88	36.06	36.01	36.26	35.88
	450m 5:20.49	500m 5:56.63	550m 6:32.57	600m 7:08.44	650m 7:44.20	700m 8:19.93	750m 8:54.90	800m 9:28.84
	36.10	36.14	35.94	35.87	35.76	35.73	34.97	33.94
20. Eleanor Broughton		15 Ellesmere Co		9:29.42				
	50m 31.53	100m 1:06.48	150m 1:41.78	200m 2:17.45	250m 2:52.97	300m 3:28.61	350m 4:04.15	400m 4:39.98
	31.53	34.95	35.30	35.67	35.52	35.64	35.54	35.83
	450m 5:15.61	500m 5:51.93	550m 6:28.40	600m 7:04.78	650m 7:41.02	700m 8:17.47	750m 8:53.92	800m 9:29.42
	35.63	36.32	36.47	36.38	36.24	36.45	36.45	35.50
21. Megan Pendleton		15 Wirral Metro		9:29.66				
	50m 32.26	100m 1:07.93	150m 1:44.07	200m 2:20.26	250m 2:56.47	300m 3:32.49	350m 4:08.72	400m 4:44.73
	32.26	35.67	36.14	36.19	36.21	36.02	36.23	36.01
	450m 5:20.54	500m 5:56.34	550m 6:31.81	600m 7:07.42	650m 7:43.25	700m 8:18.90	750m 8:54.63	800m 9:29.66
	35.81	35.80	35.47	35.61	35.83	35.65	35.73	35.03
22. Anna Ashcroft		14 Co Leeds		9:32.37				
	50m 31.98	100m 1:07.86	150m 1:44.10	200m 2:20.68	250m 2:56.58	300m 3:32.69	350m 4:08.82	400m 4:45.26
	31.98	35.88	36.24	36.58	35.90	36.11	36.13	36.44
	450m 5:21.02	500m 5:56.76	550m 6:32.80	600m 7:09.13	650m 7:44.96	700m 8:21.08	750m 8:57.15	800m 9:32.37
	35.76	35.74	36.04	36.33	35.83	36.12	36.07	35.22
23. Millie Wells		14 Ellesmere Co		9:33.77				
	50m 31.19	100m 1:05.70	150m 1:40.96	200m 2:16.29	250m 2:52.28	300m 3:28.21	350m 4:04.21	400m 4:40.59
	31.19	34.51	35.26	35.33	35.99	35.93	36.00	36.38
	450m 5:17.15	500m 5:54.21	550m 6:30.67	600m 7:07.64	650m 7:44.60	700m 8:21.83	750m 8:58.09	800m 9:33.77
	36.56	37.06	36.46	36.97	36.96	37.23	36.26	35.68
24. Sedona Reed		14 Co Leeds		9:38.51				
	50m 31.80	100m 1:06.42	150m 1:42.40	200m 2:19.01	250m 2:55.25	300m 3:32.13	350m 4:08.79	400m 4:45.42
	31.80	34.62	35.98	36.61	36.24	36.88	36.66	36.63
	450m 5:21.97	500m 5:58.78	550m 6:36.13	600m 7:12.71	650m 7:49.50	700m 8:26.84	750m 9:03.54	800m 9:38.51
	36.55	36.81	37.35	36.58	36.79	37.34	36.70	34.97
25. Charlotte Moreton		13 Co Leeds		9:38.61				
	50m 31.97	100m 1:07.02	150m 1:43.42	200m 2:19.97	250m 2:56.90	300m 3:33.49	350m 4:10.48	400m 4:47.61
	31.97	35.05	36.40	36.55	36.93	36.59	36.99	37.13
	450m 5:24.22	500m 6:01.41	550m 6:38.42	600m 7:15.24	650m 7:52.30	700m 8:28.62	750m 9:04.56	800m 9:38.61
	36.61	37.19	37.01	36.82	37.06	36.32	35.94	34.05
26. Kaye Fenton		15 Skipton		10:00.20				
	50m 33.39	100m 1:09.18	150m 1:45.72	200m 2:22.43	250m 2:58.61	300m 3:35.60	350m 4:13.59	400m 4:51.22
	33.39	35.79	36.54	36.71	36.18	36.99	37.99	37.63
	450m 5:29.37	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:00.20
	38.15	-	-	-	-	-	-	4:30.83

EVENT 102 Boy/Girl Open 1500m Freestyle

BOY - Full Results

Place	Name	AaD	Club	Time					
1.	Asterios Daldogiannis	24	Loughboro Un	14:52.00					
	50m 27.39	100m 56.73	150m 1:26.57	200m 1:56.44	250m 2:26.09	300m 2:55.80	350m 3:25.49	400m 3:55.14	
	27.39	29.34	29.84	29.87	29.65	29.71	29.69	29.65	
	450m 4:24.90	500m 4:54.74	550m 5:24.32	600m 5:54.06	650m 6:24.11	700m 6:54.12	750m 7:24.00	800m 7:53.63	
	29.76	29.84	29.58	29.74	30.05	30.01	29.88	29.63	
	850m 8:23.27	900m 8:53.11	950m 9:22.89	1000m 9:53.01	1050m 10:23.03	1100m 10:53.22	1150m 11:23.14	1200m 11:53.27	
	29.64	29.84	29.78	30.12	30.02	30.19	29.92	30.13	
	1250m 12:23.90	1300m 12:54.38	1350m 13:24.29	1400m 13:54.30	1450m 14:24.00	1500m 14:52.00			
	30.63	30.48	29.91	30.01	29.70	28.00			
2.	Tyler Melbourne-Smith	16	Co Liverpool	15:24.61					
	50m 27.29	100m 56.88	150m 1:27.03	200m 1:57.67	250m 2:27.96	300m 2:58.59	350m 3:29.44	400m 4:00.47	
	27.29	29.59	30.15	30.64	30.29	30.63	30.85	31.03	
	450m 4:31.17	500m 5:02.05	550m 5:33.16	600m 6:04.36	650m 6:35.68	700m 7:06.61	750m 7:38.02	800m 8:09.26	
	30.70	30.88	31.11	31.20	31.32	30.93	31.41	31.24	
	850m 8:40.36	900m 9:11.65	950m 9:43.08	1000m 10:14.37	1050m 10:45.60	1100m 11:16.57	1150m 11:47.59	1200m 12:18.99	
	31.10	31.29	31.43	31.29	31.23	30.97	31.02	31.40	
	1250m 12:50.61	1300m 13:21.80	1350m 13:52.94	1400m 14:24.09	1450m 14:54.83	1500m 15:24.61			
	31.62	31.19	31.14	31.15	30.74	29.78			
3.	Isaac Dodds	17	Ellesmere Co	15:46.30					
	50m 28.90	100m 59.40	150m 1:30.13	200m 2:01.09	250m 2:32.41	300m 3:03.64	350m 3:34.78	400m 4:06.34	
	28.90	30.50	30.73	30.96	31.32	31.23	31.14	31.56	
	450m 4:37.80	500m 5:09.49	550m 5:41.16	600m 6:12.92	650m 6:44.79	700m 7:16.51	750m 7:48.27	800m 8:19.67	
	31.46	31.69	31.67	31.76	31.87	31.72	31.76	31.40	
	850m 8:50.86	900m 9:22.22	950m 9:53.76	1000m 10:25.48	1050m 10:57.49	1100m 11:29.68	1150m 12:01.65	1200m 12:33.94	
	31.19	31.36	31.54	31.72	32.01	32.19	31.97	32.29	
	1250m 13:06.30	1300m 13:38.66	1350m 14:11.07	1400m 14:43.41	1450m 15:15.46	1500m 15:46.30			
	32.36	32.36	32.41	32.34	32.05	30.84			
4.	Luke McGee	15	Co Sund'land	15:54.38					
	50m 27.35	100m 57.55	150m 1:28.49	200m 1:59.94	250m 2:31.39	300m 3:03.09	350m 3:34.89	400m 4:06.86	
	27.35	30.20	30.94	31.45	31.45	31.70	31.80	31.97	
	450m 4:38.90	500m 5:10.89	550m 5:42.91	600m 6:14.89	650m 6:47.14	700m 7:19.26	750m 7:51.30	800m 8:23.67	
	32.04	31.99	32.02	31.98	32.25	32.12	32.04	32.37	
	850m 8:55.96	900m 9:28.28	950m 10:00.51	1000m 10:32.86	1050m 11:05.22	1100m 11:37.44	1150m 12:09.85	1200m 12:42.06	
	32.29	32.32	32.23	32.35	32.36	32.22	32.41	32.21	
	1250m 13:14.24	1300m 13:46.34	1350m 14:18.74	1400m 14:51.21	1450m 15:23.19	1500m 15:54.38			
	32.18	32.10	32.40	32.47	31.98	31.19			
5.	Thomas Sansome	18	Loughboro Un	15:58.12					
	50m 27.95	100m 58.58	150m 1:29.49	200m 2:00.66	250m 2:32.27	300m 3:03.96	350m 3:35.56	400m 4:06.95	
	27.95	30.63	30.91	31.17	31.61	31.69	31.60	31.39	
	450m 4:38.51	500m 5:10.63	550m 5:42.53	600m 6:15.02	650m 6:47.23	700m 7:19.80	750m 7:52.04	800m 8:24.73	
	31.56	32.12	31.90	32.49	32.21	32.57	32.24	32.69	
	850m 8:56.39	900m 9:28.81	950m 10:01.06	1000m 10:33.41	1050m 11:05.97	1100m 11:38.83	1150m 12:11.26	1200m 12:43.37	
	31.66	32.42	32.25	32.35	32.56	32.86	32.43	32.11	
	1250m 13:16.15	1300m 13:48.68	1350m 14:21.22	1400m 14:53.71	1450m 15:26.05	1500m 15:58.12			
	32.78	32.53	32.54	32.49	32.34	32.07			
6.	Oscar Dodds	15	Ellesmere Co	16:02.19					
	50m 28.70	100m 1:00.53	150m 1:31.66	200m 2:03.35	250m 2:34.74	300m 3:06.18	350m 3:38.25	400m 4:10.36	
	28.70	31.83	31.13	31.69	31.39	31.44	32.07	32.11	
	450m 4:42.20	500m 5:13.94	550m 5:45.52	600m 6:18.15	650m 6:50.08	700m 7:22.59	750m 7:54.30	800m 8:26.51	
	31.84	31.74	31.58	32.63	31.93	32.51	31.71	32.21	
	850m 8:58.70	900m 9:31.74	950m 10:03.70	1000m 10:36.41	1050m 11:08.77	1100m 11:41.21	1150m 12:14.05	1200m 12:47.14	

Stockport Metro November Meet 2021 (25m)

Session 1

	32.19	33.04	31.96	32.71	32.36	32.44	32.84	33.09
	1250m 13:20.26	1300m 13:52.53	1350m 14:25.80	1400m 14:58.57	1450m 15:31.01	1500m 16:02.19		
	33.12	32.27	33.27	32.77	32.44	31.18		
7. Charlie Broome	17	Co Leeds	16:18.89					
50m	27.51	100m 58.55	150m 1:30.36	200m 2:02.66	250m 2:35.04	300m 3:07.92	350m 3:40.43	400m 4:13.25
	27.51	31.04	31.81	32.30	32.38	32.88	32.51	32.82
450m	4:46.09	500m 5:19.01	550m 5:51.86	600m 6:24.82	650m 6:57.79	700m 7:30.97	750m 8:03.95	800m 8:37.02
	32.84	32.92	32.85	32.96	32.97	33.18	32.98	33.07
850m	9:10.21	900m 9:43.46	950m 10:16.32	1000m 10:49.38	1050m 11:22.60	1100m 11:56.02	1150m 12:29.45	1200m 13:02.73
	33.19	33.25	32.86	33.06	33.22	33.42	33.43	33.28
1250m	13:36.15	1300m 14:09.32	1350m 14:42.47	1400m 15:15.37	1450m 15:47.72	1500m 16:18.89		
	33.42	33.17	33.15	32.90	32.35	31.17		
8. James Raw	14	Ellesmere Co	16:22.38					
50m	28.68	100m 1:00.05	150m 1:31.91	200m 2:04.14	250m 2:35.96	300m 3:07.82	350m 3:39.75	400m 4:11.93
	28.68	31.37	31.86	32.23	31.82	31.86	31.93	32.18
450m	4:44.16	500m 5:16.31	550m 5:48.70	600m 6:21.16	650m 6:53.69	700m 7:26.64	750m 7:59.68	800m 8:32.44
	32.23	32.15	32.39	32.46	32.53	32.95	33.04	32.76
850m	9:05.67	900m 9:39.26	950m 10:12.65	1000m 10:46.01	1050m 11:19.68	1100m 11:53.26	1150m 12:26.74	1200m 13:00.46
	33.23	33.59	33.39	33.36	33.67	33.58	33.48	33.72
1250m	13:34.43	1300m 14:08.44	1350m 14:42.17	1400m 15:16.02	1450m 15:49.74	1500m 16:22.38		
	33.97	34.01	33.73	33.85	33.72	32.64		
9. Bailey Hairsine	22	Co Manch Aq	16:32.37					
50m	28.32	100m 59.67	150m 1:32.15	200m 2:04.93	250m 2:37.83	300m 3:10.70	350m 3:43.50	400m 4:16.69
	28.32	31.35	32.48	32.78	32.90	32.87	32.80	33.19
450m	4:49.96	500m 5:23.07	550m 5:56.28	600m 6:29.73	650m 7:03.24	700m 7:36.51	750m 8:09.89	800m 8:43.20
	33.27	33.11	33.21	33.45	33.51	33.27	33.38	33.31
850m	9:16.77	900m 9:50.16	950m 10:23.62	1000m 10:57.20	1050m 11:30.94	1100m 12:04.56	1150m 12:38.14	1200m 13:11.84
	33.57	33.39	33.46	33.58	33.74	33.62	33.58	33.70
1250m	13:45.65	1300m 14:19.44	1350m 14:52.94	1400m 15:26.57	1450m 16:00.17	1500m 16:32.37		
	33.81	33.79	33.50	33.63	33.60	32.20		
10. Archie Neaves	16	Ellesmere Co	16:32.74					
50m	29.81	100m 1:02.06	150m 1:34.96	200m 2:08.07	250m 2:41.15	300m 3:14.30	350m 3:47.57	400m 4:20.90
	29.81	32.25	32.90	33.11	33.08	33.15	33.27	33.33
450m	4:54.26	500m 5:27.52	550m 6:00.59	600m 6:33.90	650m 7:07.32	700m 7:40.72	750m 8:14.32	800m 8:47.52
	33.36	33.26	33.07	33.31	33.42	33.40	33.60	33.20
850m	9:21.02	900m 9:54.68	950m 10:28.12	1000m 11:01.51	1050m 11:34.68	1100m 12:08.16	1150m 12:41.68	1200m 13:15.17
	33.50	33.66	33.44	33.39	33.17	33.48	33.52	33.49
1250m	13:48.40	1300m 14:21.64	1350m 14:54.61	1400m 15:27.91	1450m 16:00.66	1500m 16:32.74		
	33.23	33.24	32.97	33.30	32.75	32.08		
11. Luke Critchlow	16	Stockport Mo	16:37.36					
50m	28.16	100m 59.38	150m 1:31.40	200m 2:03.97	250m 2:35.73	300m 3:07.71	350m 3:40.09	400m 4:12.44
	28.16	31.22	32.02	32.57	31.76	31.98	32.38	32.35
450m	4:45.31	500m 5:18.32	550m 5:51.69	600m 6:25.01	650m 6:58.24	700m 7:31.98	750m 8:05.95	800m 8:39.94
	32.87	33.01	33.37	33.32	33.23	33.74	33.97	33.99
850m	9:13.95	900m 9:47.55	950m 10:21.47	1000m 10:55.39	1050m 11:29.23	1100m 12:03.20	1150m 12:37.68	1200m 13:11.99
	34.01	33.60	33.92	33.92	33.77	34.04	34.48	34.31
1250m	13:46.42	1300m 14:21.24	1350m 14:55.55	1400m 15:29.95	1450m 16:03.43	1500m 16:37.36		
	34.43	34.82	34.31	34.40	33.48	33.93		
12. James Plant	15	Bo Kirklees	16:38.03					
50m	29.09	100m 1:01.06	150m 1:34.41	200m 2:08.03	250m 2:41.64	300m 3:15.16	350m 3:48.84	400m 4:22.69
	29.09	31.97	33.35	33.62	33.61	33.52	33.68	33.85
450m	4:56.50	500m 5:30.13	550m 6:03.74	600m 6:37.52	650m 7:11.12	700m 7:45.28	750m 8:19.15	800m 8:52.79
	33.81	33.63	33.61	33.78	33.60	34.16	33.87	33.64
850m	9:26.47	900m 10:00.47	950m 10:33.66	1000m 11:07.05	1050m 11:40.52	1100m 12:13.96	1150m 12:47.60	1200m 13:20.94
	33.68	34.00	33.19	33.39	33.47	33.44	33.64	33.34
1250m	13:54.19	1300m 14:27.52	1350m 15:00.73	1400m 15:34.61	1450m 16:07.39	1500m 16:38.03		
	33.25	33.33	33.21	33.88	32.78	30.64		
13. Tom McCabe	16	Stockport Mo	16:38.06					
50m	29.00	100m 1:01.20	150m 1:33.98	200m 2:07.59	250m 2:41.04	300m 3:14.92	350m 3:48.42	400m 4:22.08
	29.00	32.20	32.78	33.61	33.45	33.88	33.50	33.66
450m	4:55.61	500m 5:29.15	550m 6:02.88	600m 6:36.69	650m 7:10.50	700m 7:44.38	750m 8:18.38	800m 8:52.20
	33.53	33.54	33.73	33.81	33.81	33.88	34.00	33.82
850m	9:25.68	900m 9:59.35	950m 10:32.50	1000m 11:06.32	1050m 11:39.67	1100m 12:13.27	1150m 12:46.63	1200m 13:19.73
	33.48	33.67	33.15	33.82	33.35	33.60	33.36	33.10
1250m	13:53.17	1300m 14:26.64	1350m 15:00.03	1400m 15:33.87	1450m 16:07.09	1500m 16:38.06		
	33.44	33.47	33.39	33.84	33.22	30.97		
14. Finlay Pope	14	Stockport Mo	16:41.18					
50m	28.78	100m 1:02.25	150m 1:35.63	200m 2:08.92	250m 2:42.91	300m 3:16.33	350m 3:49.85	400m 4:23.36
	28.78	33.47	33.38	33.29	33.99	33.42	33.52	33.51
450m	4:57.05	500m 5:30.12	550m 6:03.97	600m 6:37.96	650m 7:11.56	700m 7:45.11	750m 8:18.71	800m 8:52.97
	33.69	33.07	33.85	33.99	33.60	33.55	33.60	34.26
850m	9:26.85	900m 10:00.51	950m 10:34.23	1000m 11:07.80	1050m 11:41.81	1100m 12:15.40	1150m 12:48.98	1200m 13:23.10
	33.88	33.66	33.72	33.57	34.01	33.59	33.58	34.12
1250m	13:56.34	1300m 14:30.16	1350m 15:04.14	1400m 15:37.26	1450m 16:10.38	1500m 16:41.18		
	33.24	33.82	33.98	33.12	33.12	30.80		
15. Kouros Khodakhah	14	Co Leeds	16:41.88					
50m	29.64	100m 1:01.98	150m 1:34.91	200m 2:07.92	250m 2:41.15	300m 3:14.66	350m 3:48.10	400m 4:21.99
	29.64	32.34	32.93	33.01	33.23	33.51	33.44	33.89
450m	4:55.60	500m 5:29.31	550m 6:03.08	600m 6:37.27	650m 7:10.91	700m 7:44.64	750m 8:18.57	800m 8:52.30
	33.61	33.71	33.77	34.19	33.64	33.73	33.93	33.73
850m	9:26.41	900m 10:00.17	950m 10:34.01	1000m 11:07.75	1050m 11:41.53	1100m 12:15.88	1150m 12:49.69	1200m 13:23.69
	34.11	33.76	33.84	33.74	33.78	34.35	33.81	34.00
1250m	13:57.35	1300m 14:30.83	1350m 15:04.09	1400m 15:37.28	1450m 16:10.27	1500m 16:41.88		
	33.66	33.48	33.26	33.19	32.99	31.61		
16. Thomas Kud	16	Winsford	16:51.80					
50m	29.84	100m 1:03.03	150m 1:36.27	200m 2:09.54	250m 2:43.07	300m 3:16.75	350m 3:50.47	400m 4:23.74
	29.84	33.19	33.24	33.27	33.53	33.68	33.72	33.27
450m	4:57.26	500m 5:31.05	550m 6:04.94	600m 6:38.66	650m 7:12.63	700m 7:46.57	750m 8:20.79	800m 8:54.79
	33.52	33.79	33.89	33.72	33.97	33.94	34.22	34.00
850m	9:28.96	900m 10:02.84	950m 10:36.82	1000m 11:10.84	1050m 11:45.35	1100m 12:19.66	1150m 12:53.73	1200m 13:27.94
	34.17	33.88	33.98	34.02	34.51	34.31	34.07	34.21
1250m	14:02.22	1300m 14:36.68	1350m 15:11.55	1400m 15:45.98	1450m 16:19.95	1500m 16:51.80		
	34.28	34.46	34.87	34.43	33.97	31.85		
17. Cillian McGuinness	16	Bassettlaw SS	17:05.63					
50m	29.16	100m 1:02.44	150m 1:36.56	200m 2:10.63	250m 2:45.19	300m 3:19.91	350m 3:53.56	400m 4:27.82
	29.16	33.28	34.12	34.07	34.56	34.72	33.65	34.26

Stockport Metro November Meet 2021 (25m)

Session 1

	450m 5:02.71 34.89	500m 5:37.67 34.96	550m 6:12.51 34.84	600m 6:47.65 35.14	650m 7:21.96 34.31	700m 7:56.48 34.52	750m 8:31.25 34.77	800m 9:05.83 34.58
	850m 9:40.51 34.68	900m 10:14.93 34.42	950m 10:48.82 33.89	1000m 11:23.14 34.32	1050m 11:57.83 34.69	1100m 12:32.22 34.39	1150m 13:06.91 34.69	1200m 13:41.73 34.82
	1250m 14:16.13 34.40	1300m 14:50.82 34.69	1350m 15:25.25 34.43	1400m 15:59.71 34.46	1450m 16:33.31 33.60	1500m 17:05.63 32.32		
18. George Young		16 Winsford		17:13.18				
	50m 30.76 30.76	100m 1:04.27 33.51	150m 1:37.41 33.14	200m 2:11.03 33.62	250m 2:44.98 33.95	300m 3:18.76 33.78	350m 3:52.93 34.17	400m 4:27.00 34.07
	450m 5:01.37 34.37	500m 5:35.97 34.60	550m 6:10.64 34.67	600m 6:45.27 34.63	650m 7:20.35 35.08	700m 7:55.38 35.03	750m 8:30.17 34.79	800m 9:04.85 34.68
	850m 9:39.74 34.89	900m 10:14.84 35.10	950m 10:49.54 34.70	1000m 11:24.72 35.18	1050m 11:59.99 35.27	1100m 12:35.04 35.05	1150m 13:10.16 35.12	1200m 13:45.21 35.05
	1250m 14:20.15 34.94	1300m 14:55.49 35.34	1350m 15:30.18 34.69	1400m 16:05.12 34.94	1450m 16:39.63 34.51	1500m 17:13.18 33.55		
19. Lewis Brodie		13 Stockport Mo		19:00.02				
	50m 33.23 33.23	100m 1:10.88 37.65	150m 1:49.51 38.63	200m 2:28.01 38.50	250m 3:06.86 38.85	300m 3:45.76 38.90	350m 4:24.56 38.80	400m 5:03.47 38.91
	450m 5:42.23 38.76	500m 6:21.21 38.98	550m 6:59.02 37.81	600m 7:37.71 38.69	650m 8:16.26 38.55	700m 8:54.11 37.85	750m 9:32.58 38.47	800m 10:11.01 38.43
	850m 10:49.27 38.26	900m 11:27.34 38.07	950m 12:05.63 38.29	1000m 12:43.98 38.35	1050m 13:22.43 38.45	1100m 14:00.74 38.31	1150m 14:38.77 38.03	1200m 15:16.52 37.75
	1250m 15:54.62 38.10	1300m 16:32.08 37.46	1350m 17:09.78 37.70	1400m 17:47.68 37.90	1450m 18:25.06 37.38	1500m 19:00.02 34.96		
20. Alex Boyer		14 Darlington		19:00.57				
	50m 31.75 31.75	100m 1:07.66 35.91	150m 1:45.04 37.38	200m 2:22.46 37.42	250m 3:00.49 38.03	300m 3:38.70 38.21	350m 4:17.59 38.89	400m 4:56.39 38.80
	450m 5:35.38 38.99	500m 6:13.45 38.07	550m 6:52.71 39.26	600m 7:30.99 38.28	650m 8:10.05 39.06	700m 8:48.01 37.96	750m 9:26.75 38.74	800m 10:04.83 38.08
	850m 10:42.98 38.15	900m 11:22.29 39.31	950m 12:00.31 38.02	1000m 12:38.79 38.48	1050m 13:17.53 38.74	1100m 13:55.74 38.21	1150m 14:34.19 38.45	1200m 15:12.44 38.25
	1250m 15:51.38 38.94	1300m 16:29.60 38.22	1350m 17:07.88 38.28	1400m 17:46.22 38.34	1450m 18:24.20 37.98	1500m 19:00.57 36.37		
GIRL - Full Results								
	Place Name	AaD Club	Time					
1.	Sophie Trill	14 Stockport Mo	17:14.44					
	50m 30.12 30.12	100m 1:03.85 33.73	150m 1:37.51 33.66	200m 2:11.36 33.85	250m 2:45.64 34.28	300m 3:19.83 34.19	350m 3:54.24 34.41	400m 4:28.77 34.53
	450m 5:03.54 34.77	500m 5:38.17 34.63	550m 6:13.33 35.16	600m 6:48.10 34.77	650m 7:23.00 34.90	700m 7:57.68 34.68	750m 8:33.25 35.57	800m 9:08.22 34.97
	850m 9:42.95 34.73	900m 10:18.20 35.25	950m 10:53.39 35.19	1000m 11:27.81 34.42	1050m 12:03.00 35.19	1100m 12:37.88 34.88	1150m 13:12.42 34.54	1200m 13:47.35 34.93
	1250m 14:22.67 35.32	1300m 14:57.47 34.80	1350m 15:32.03 34.56	1400m 16:06.92 34.89	1450m 16:41.03 34.11	1500m 17:14.44 33.41		
2.	Ella Blocksidge	15 Co Salford	17:38.55					
	50m 31.08 31.08	100m 1:05.33 34.25	150m 1:40.31 34.98	200m 2:15.33 35.02	250m 2:50.41 35.08	300m 3:25.53 35.12	350m 4:00.57 35.04	400m 4:35.80 35.23
	450m 5:10.98 35.18	500m 5:46.28 35.30	550m 6:21.86 35.58	600m 6:57.48 35.62	650m 7:33.41 35.93	700m 8:09.23 35.82	750m 8:45.25 36.02	800m 9:21.52 36.27
	850m 9:57.46 35.94	900m 10:33.17 35.71	950m 11:09.46 36.29	1000m 11:44.79 35.33	1050m 12:21.10 36.31	1100m 12:56.51 35.41	1150m 13:32.05 35.54	1200m 14:07.70 35.65
	1250m 14:43.16 35.46	1300m 15:18.89 35.73	1350m 15:54.39 35.50	1400m 16:29.95 35.56	1450m 17:04.78 34.83	1500m 17:38.55 33.77		
3.	Lauren Jones	16 Warrington W	17:51.81					
	50m 32.75 32.75	100m 1:08.02 35.27	150m 1:43.94 35.92	200m 2:19.94 36.00	250m 2:56.17 36.23	300m 3:32.13 35.96	350m 4:08.40 36.27	400m 4:44.19 35.79
	450m 5:20.22 36.03	500m 5:56.08 35.86	550m 6:31.97 35.89	600m 7:08.02 36.05	650m 7:43.85 35.83	700m 8:19.72 35.87	750m 8:55.76 36.04	800m 9:31.34 35.58
	850m 10:07.06 35.72	900m 10:42.81 35.75	950m 11:18.78 35.97	1000m 11:54.51 35.73	1050m 12:30.20 35.69	1100m 13:06.03 35.83	1150m 13:41.65 35.62	1200m 14:17.48 35.83
	1250m 14:53.29 35.81	1300m 15:29.38 36.09	1350m 16:04.97 35.59	1400m 16:40.86 35.89	1450m 17:16.75 35.89	1500m 17:51.81 35.06		
4.	Daisy Purchase	15 Rotherham Mo	17:52.13					
	50m 32.88 32.88	100m 1:08.05 35.17	150m 1:44.01 35.96	200m 2:19.83 35.82	250m 2:55.22 35.39	300m 3:30.87 35.65	350m 4:06.52 35.65	400m 4:42.42 35.90
	450m 5:18.42 36.00	500m 5:54.60 36.18	550m 6:30.66 36.06	600m 7:06.65 35.99	650m 7:42.76 36.11	700m 8:19.02 36.26	750m 8:54.88 35.86	800m 9:30.95 36.07
	850m 10:06.64 35.69	900m 10:42.37 35.73	950m 11:18.46 36.09	1000m 11:54.90 36.44	1050m 12:30.86 35.96	1100m 13:06.39 35.53	1150m 13:42.45 36.06	1200m 14:18.27 35.82
	1250m 14:54.31 36.04	1300m 15:30.66 36.35	1350m 16:06.94 36.28	1400m 16:42.99 36.05	1450m 17:18.58 35.59	1500m 17:52.13 33.55		
5.	Ruby Knight	15 Bo Kirklees	17:53.71					
	50m 31.83 31.83	100m 1:07.14 35.31	150m 1:43.24 36.10	200m 2:19.51 36.27	250m 2:55.41 35.90	300m 3:31.41 36.00	350m 4:07.45 36.04	400m 4:43.45 36.00
	450m 5:19.68 36.23	500m 5:55.78 36.10	550m 6:32.03 36.25	600m 7:08.30 36.27	650m 7:44.59 36.29	700m 8:20.06 35.47	750m 8:56.25 36.19	800m 9:32.33 36.08
	850m 10:08.23 35.90	900m 10:44.25 36.02	950m 11:20.43 36.18	1000m 11:56.36 35.93	1050m 12:32.11 35.75	1100m 13:08.04 35.93	1150m 13:43.91 35.87	1200m 14:19.94 36.03
	1250m 14:55.80 35.86	1300m 15:32.54 36.74	1350m 16:08.31 35.77	1400m 16:44.13 35.82	1450m 17:19.49 35.36	1500m 17:53.71 34.22		
6.	Katie Blunt	13 Co Sund'land	18:00.27					
	50m 31.07 31.07	100m 1:05.60 34.53	150m 1:41.04 35.44	200m 2:17.01 35.97	250m 2:52.98 35.97	300m 3:28.82 35.84	350m 4:04.92 36.10	400m 4:41.12 36.20
	450m 5:17.25 36.13	500m 5:53.64 36.39	550m 6:29.80 36.16	600m 7:06.30 36.50	650m 7:42.34 36.04	700m 8:18.87 36.53	750m 8:55.83 36.96	800m 9:32.28 36.45
	850m 10:08.49 36.21	900m 10:45.07 36.58	950m 11:21.80 36.73	1000m 11:58.50 36.70	1050m 12:35.31 36.81	1100m 13:11.80 36.49	1150m 13:48.27 36.47	1200m 14:25.18 36.91
	1250m 15:01.55 36.37	1300m 15:37.89 36.34	1350m 16:14.53 36.64	1400m 16:50.98 36.45	1450m 17:26.71 35.73	1500m 18:00.27 33.56		
7.	Megan Rickels	13 Warrington W	18:11.04					
	50m 32.87 32.87	100m 1:08.26 35.39	150m 1:44.17 35.91	200m 2:20.19 36.02	250m 2:56.40 36.21	300m 3:32.46 36.06	350m 4:08.60 36.14	400m 4:45.01 36.41
	450m 5:21.56 36.55	500m 5:57.74 36.18	550m 6:33.90 36.16	600m 7:10.26 36.36	650m 7:46.36 36.10	700m 8:22.51 36.15	750m 8:58.75 36.24	800m 9:35.11 36.36
	850m 10:11.54 36.43	900m 10:48.21 36.67	950m 11:24.98 36.77	1000m 12:01.74 36.76	1050m 12:38.65 36.91	1100m 13:15.40 36.75	1150m 13:52.43 37.03	1200m 14:29.39 36.96

Stockport Metro November Meet 2021 (25m)

Session 1

	1250m 15:06.33 36.94	1300m 15:43.47 37.14	1350m 16:20.53 37.06	1400m 16:57.92 37.39	1450m 17:34.96 37.04	1500m 18:11.04 36.08			
8. Lauren Lilley	13 Co Leeds			18:14.21					
50m 32.90	100m 1:09.16 36.26	150m 1:45.40 36.24	200m 2:21.98 36.58	250m 2:58.61 36.63	300m 3:35.48 36.87	350m 4:12.23 36.75	400m 4:49.00 36.77		
450m 5:25.67 36.67	500m 6:02.33 36.66	550m 6:38.95 36.62	600m 7:15.56 36.61	650m 7:52.19 36.63	700m 8:29.15 36.96	750m 9:05.69 36.54	800m 9:42.43 36.74		
850m 10:18.66 36.23	900m 10:55.63 36.97	950m 11:32.47 36.84	1000m 12:09.36 36.89	1050m 12:46.39 37.03	1100m 13:23.39 37.00	1150m 13:59.85 36.46	1200m 14:36.82 36.97		
1250m 15:13.75 36.93	1300m 15:50.82 37.07	1350m 16:27.49 36.67	1400m 17:04.30 36.81	1450m 17:40.37 36.07	1500m 18:14.21 33.84				
9. Martha Millar	15 Preston			18:23.48					
50m 31.94	100m 1:07.39 31.94	150m 1:43.93 35.45	200m 2:20.72 36.79	250m 2:57.50 36.78	300m 3:34.52 37.02	350m 4:11.41 36.89	400m 4:48.22 36.81		
450m 5:24.75 36.53	500m 6:01.43 36.68	550m 6:38.39 36.96	600m 7:15.37 36.98	650m 7:52.38 37.01	700m 8:29.37 36.99	750m 9:06.47 37.10	800m 9:43.34 36.87		
850m 10:20.36 37.02	900m 10:57.47 37.11	950m 11:34.60 37.13	1000m 12:11.46 36.86	1050m 12:48.53 37.07	1100m 13:25.81 37.28	1150m 14:03.07 37.26	1200m 14:40.40 37.33		
1250m 15:17.48 37.08	1300m 15:54.61 37.13	1350m 16:32.16 37.55	1400m 17:09.73 37.57	1450m 17:46.94 37.21	1500m 18:23.48 36.54				
10. Daisy Guttridge	16 Rotherham Mo			18:53.57					
50m 33.31	100m 1:10.44 37.13	150m 1:47.95 37.51	200m 2:25.89 37.94	250m 3:03.58 37.69	300m 3:41.75 38.17	350m 4:19.82 38.07	400m 4:57.83 38.01		
450m 5:35.81 37.98	500m 6:13.97 38.16	550m 6:51.70 37.73	600m 7:29.97 38.27	650m 8:08.25 38.28	700m 8:46.55 38.30	750m 9:25.14 38.59	800m 10:02.94 37.80		
850m 10:41.05 38.11	900m 11:18.44 37.39	950m 11:56.78 38.34	1000m 12:34.88 38.10	1050m 13:13.01 38.13	1100m 13:51.14 38.13	1150m 14:29.62 38.48	1200m 15:07.13 37.51		
1250m 15:46.21 39.08	1300m 16:24.40 38.19	1350m 17:01.96 37.56	1400m 17:40.35 38.39	1450m 18:17.49 37.14	1500m 18:53.57 36.08				
11. Jennifer Walker	13 Bassetlaw SS			19:13.29					
50m 34.76	100m 1:12.61 37.85	150m 1:50.26 37.65	200m 2:28.31 38.05	250m 3:06.20 37.89	300m 3:44.39 38.19	350m 4:22.56 38.17	400m 5:00.49 37.93		
450m 5:38.84 38.35	500m 6:17.34 38.50	550m 6:55.33 37.99	600m 7:33.98 38.65	650m 8:12.61 1:18.63	700m 8:51.88 39.27	750m 9:31.80 39.92	800m 10:10.88 39.08		
850m 12:09.54 1:18.66	900m 12:48.85 39.31	950m 13:28.06 39.21	1000m 14:06.97 38.91	1050m 14:46.22 39.25	1100m 15:25.64 39.42	1150m 16:04.36 1:17.72	1200m 16:43.36 38.36		
1250m 17:59.45 37.73	1300m 18:37.20 37.75	1350m - -	1400m - -	1450m - -	1500m 19:13.29 36.09				
12. Grace Edwards	13 Satellite			19:17.80					
50m 33.26	100m 1:10.03 36.77	150m 1:47.80 37.77	200m 2:26.20 38.40	250m 3:04.45 38.25	300m 3:42.72 38.27	350m 4:21.36 38.64	400m 5:00.00 38.64		
450m 5:38.80 38.80	500m 6:17.23 38.43	550m 6:55.48 38.25	600m 7:33.96 38.48	650m 8:12.48 38.52	700m 8:51.31 38.83	750m 9:30.07 38.76	800m 10:09.06 38.99		
850m 10:48.18 39.12	900m 11:27.03 38.85	950m 12:06.52 39.49	1000m 12:45.55 39.03	1050m 13:24.96 39.41	1100m 14:04.45 39.49	1150m 14:44.11 39.66	1200m 15:23.56 39.45		
1250m 16:02.97 39.41	1300m 16:42.70 39.73	1350m 17:21.94 39.24	1400m 18:01.46 39.52	1450m 18:40.33 38.87	1500m 19:17.80 37.47				