

Stockport Metro Longcourse Spring Meet 2022

Lic No. NW220367

Session 1

EVENT 101 Boyss/Girl Open 800m Freestyle

BOY 13 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | | | | | |
|-------|-------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--|
| 1. | Daniel Khodaverdi | 13 | Stockport Mo | 9:29.20 | | | | | |
| | 50m 31.39 | 100m 1:06.77 | 150m 1:39.60 | 200m 2:18.73 | 250m 2:50.46 | 300m 3:31.39 | 350m 4:02.60 | 400m 4:44.73 | |
| | 31.39 | 35.38 | 32.83 | 39.13 | 31.73 | 40.93 | 31.21 | 42.13 | |
| | 450m 5:15.75 | 500m 5:58.13 | 550m 6:29.28 | 600m 7:10.52 | 650m 7:43.06 | 700m 8:22.68 | 750m 8:56.75 | 800m 9:29.20 | |
| | 31.02 | 42.38 | 31.15 | 41.24 | 32.54 | 39.62 | 34.07 | 32.45 | |

BOY 14 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | | | | | |
|-------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--|
| 1. | Joshua Keogh | 14 | Bolton Metro | 9:07.30 | | | | | |
| | 50m 29.35 | 100m 1:02.30 | 150m 1:36.15 | 200m 2:10.22 | 250m 2:44.58 | 300m 3:19.32 | 350m 3:54.04 | 400m 4:29.22 | |
| | 29.35 | 32.95 | 33.85 | 34.07 | 34.36 | 34.74 | 34.72 | 35.18 | |
| | 450m 5:03.61 | 500m 5:38.59 | 550m 6:13.67 | 600m 6:49.01 | 650m 7:24.29 | 700m 7:59.68 | 750m 8:34.00 | 800m 9:07.30 | |
| | 34.39 | 34.98 | 35.08 | 35.34 | 35.28 | 35.39 | 34.32 | 33.30 | |
| 2. | Elliot Lawton | 14 | Co Coventry | 9:21.57 | | | | | |
| | 50m 30.85 | 100m 1:05.75 | 150m 1:41.05 | 200m 2:16.39 | 250m 2:52.37 | 300m 3:28.26 | 350m 4:04.34 | 400m 4:40.14 | |
| | 30.85 | 34.90 | 35.30 | 35.34 | 35.98 | 35.89 | 36.08 | 35.80 | |
| | 450m 5:16.12 | 500m 5:51.76 | 550m 6:27.15 | 600m 7:02.98 | 650m 7:38.08 | 700m 8:13.46 | 750m 8:48.07 | 800m 9:21.57 | |
| | 35.98 | 35.64 | 35.39 | 35.83 | 35.10 | 35.38 | 34.61 | 33.50 | |
| 3. | Benjamin Ross | 14 | Co Salford | 9:30.37 | | | | | |
| | 50m 32.24 | 100m 1:07.57 | 150m 1:43.17 | 200m 2:19.48 | 250m 2:55.32 | 300m 3:31.39 | 350m 4:07.41 | 400m 4:43.49 | |
| | 32.24 | 35.33 | 35.60 | 36.31 | 35.84 | 36.07 | 36.02 | 36.08 | |
| | 450m 5:19.92 | 500m 5:56.20 | 550m 6:31.84 | 600m 7:08.41 | 650m 7:44.46 | 700m 8:20.47 | 750m 8:56.17 | 800m 9:30.37 | |
| | 36.43 | 36.28 | 35.64 | 36.57 | 36.05 | 36.01 | 35.70 | 34.20 | |

BOY 15 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | | | | | |
|-------|-----------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--|
| 1. | James Raw | 15 | Ellesmere Co | 8:43.41 | | | | | |
| | 50m 30.00 | 100m 1:02.52 | 150m 1:35.42 | 200m 2:08.09 | 250m 2:41.11 | 300m 3:13.78 | 350m 3:46.82 | 400m 4:19.74 | |
| | 30.00 | 32.52 | 32.90 | 32.67 | 33.02 | 32.67 | 33.04 | 32.92 | |
| | 450m 4:52.77 | 500m 5:25.53 | 550m 5:59.05 | 600m 6:32.16 | 650m 7:05.30 | 700m 7:38.22 | 750m 8:11.21 | 800m 8:43.41 | |
| | 33.03 | 32.76 | 33.52 | 33.11 | 33.14 | 32.92 | 32.99 | 32.20 | |
| 2. | Ronnie Weall | 15 | Warrington W | 8:59.94 | | | | | |
| | 50m 28.75 | 100m 1:00.76 | 150m 1:33.69 | 200m 2:07.12 | 250m 2:41.38 | 300m 3:15.03 | 350m 3:49.40 | 400m 4:23.79 | |
| | 28.75 | 32.01 | 32.93 | 33.43 | 34.26 | 33.65 | 34.37 | 34.39 | |
| | 450m 4:58.29 | 500m 5:33.06 | 550m 6:08.28 | 600m 6:43.12 | 650m 7:17.87 | 700m 7:51.98 | 750m 8:26.27 | 800m 8:59.94 | |
| | 34.50 | 34.77 | 35.22 | 34.84 | 34.75 | 34.11 | 34.29 | 33.67 | |
| 3. | Dylan Fung | 15 | Stockport Mo | 9:17.21 | | | | | |
| | 50m 30.54 | 100m 1:04.03 | 150m 1:38.37 | 200m 2:13.09 | 250m 2:48.23 | 300m 3:23.32 | 350m 3:58.65 | 400m 4:34.31 | |
| | 30.54 | 33.49 | 34.34 | 34.72 | 35.14 | 35.09 | 35.33 | 35.66 | |
| | 450m 5:09.89 | 500m 5:45.30 | 550m 6:20.87 | 600m 6:56.43 | 650m 7:32.34 | 700m 8:07.69 | 750m 8:43.03 | 800m 9:17.21 | |
| | 35.58 | 35.41 | 35.57 | 35.56 | 35.91 | 35.35 | 35.34 | 34.18 | |
| 4. | Jack Pritchard | 15 | Wigan BEST | 9:30.93 | | | | | |
| | 50m 31.62 | 100m 1:05.87 | 150m 1:44.48 | 200m 2:19.16 | 250m 3:00.65 | 300m 3:31.80 | 350m 4:17.80 | 400m 4:44.91 | |
| | 31.62 | 34.25 | 38.61 | 34.68 | 41.49 | 31.15 | 46.00 | 27.11 | |
| | 450m 5:35.89 | 500m 5:57.71 | 550m 6:53.37 | 600m 7:10.26 | 650m 8:11.02 | 700m 8:22.95 | 750m 9:27.88 | 800m 9:30.93 | |
| | 50.98 | 21.82 | 55.66 | 16.89 | 1:00.76 | 11.93 | 1:04.93 | 03.05 | |
| 5. | Oliver Crooks | 15 | Bolton Metro | 9:36.22 | | | | | |
| | 50m 31.28 | 100m 1:06.86 | 150m 1:42.99 | 200m 2:19.49 | 250m 2:55.95 | 300m 3:31.94 | 350m 4:09.07 | 400m 4:46.59 | |
| | 31.28 | 35.58 | 36.13 | 36.50 | 36.46 | 35.99 | 37.13 | 37.52 | |
| | 450m 5:22.49 | 500m 5:59.51 | 550m 6:36.04 | 600m 7:13.02 | 650m 7:50.26 | 700m 8:26.42 | 750m 9:02.58 | 800m 9:36.22 | |
| | 35.90 | 37.02 | 36.53 | 36.98 | 37.24 | 36.16 | 36.16 | 33.64 | |
| 6. | Lachlan Beazley | 15 | Altrincham | 9:44.46 | | | | | |
| | 50m 30.28 | 100m 1:05.84 | 150m 1:42.68 | 200m 2:19.37 | 250m 2:56.34 | 300m 3:33.52 | 350m 4:11.10 | 400m 4:48.74 | |
| | 30.28 | 35.56 | 36.84 | 36.69 | 36.97 | 37.18 | 37.58 | 37.64 | |
| | 450m 5:26.77 | 500m 6:04.32 | 550m 6:42.06 | 600m 7:18.88 | 650m 7:56.15 | 700m 8:33.59 | 750m 9:10.26 | 800m 9:44.46 | |
| | 38.03 | 37.55 | 37.74 | 36.82 | 37.27 | 37.44 | 36.67 | 34.20 | |

BOY 16 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | | | | | |
|-------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--|
| 1. | Rhys Jackson | 16 | Cockermouth | 9:35.86 | | | | | |
| | 50m 30.32 | 100m 1:05.59 | 150m 1:42.21 | 200m 2:18.51 | 250m 2:54.87 | 300m 3:31.16 | 350m 4:08.16 | 400m 4:44.94 | |
| | 30.32 | 35.27 | 36.62 | 36.30 | 36.36 | 36.29 | 37.00 | 36.78 | |
| | 450m 5:21.98 | 500m 5:59.07 | 550m 6:35.88 | 600m 7:12.87 | 650m 7:49.16 | 700m 8:25.65 | 750m 9:01.65 | 800m 9:35.86 | |
| | 37.04 | 37.09 | 36.81 | 36.99 | 36.29 | 36.49 | 36.00 | 34.21 | |

BOY 17 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | | | | | |
|-------|-----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--|
| 1. | Tyler Melbourne-Smith | 17 | Co Liverpool | 8:18.34 | | | | | |
| | 50m 28.01 | 100m 58.35 | 150m 1:29.29 | 200m 2:00.25 | 250m 2:31.74 | 300m 3:03.16 | 350m 3:35.05 | 400m 4:06.79 | |
| | 28.01 | 30.34 | 30.94 | 30.96 | 31.49 | 31.42 | 31.89 | 31.74 | |
| | 450m 4:37.87 | 500m 5:09.40 | 550m 5:41.52 | 600m 6:12.96 | 650m 6:45.04 | 700m 7:16.57 | 750m 7:48.45 | 800m 8:18.34 | |
| | 31.08 | 31.53 | 32.12 | 31.44 | 32.08 | 31.53 | 31.88 | 29.89 | |
| 2. | Tom McCabe | 17 | Stockport Mo | 8:55.39 | | | | | |
| | 50m 29.07 | 100m 1:01.28 | 150m 1:34.52 | 200m 2:07.72 | 250m 2:41.25 | 300m 3:14.78 | 350m 3:49.13 | 400m 4:23.17 | |
| | 29.07 | 32.21 | 33.24 | 33.20 | 33.53 | 33.53 | 34.35 | 34.04 | |
| | 450m 4:57.56 | 500m 5:31.71 | 550m 6:06.48 | 600m 6:41.22 | 650m 7:16.21 | 700m 7:50.46 | 750m 8:24.94 | 800m 8:55.39 | |
| | 34.39 | 34.15 | 34.77 | 34.74 | 34.99 | 34.25 | 34.48 | 30.45 | |
| 3. | Cillian McGuinness | 17 | Bassetlaw SS | 9:10.04 | | | | | |
| | 50m 28.84 | 100m 1:01.68 | 150m 1:36.11 | 200m 2:10.61 | 250m 2:45.29 | 300m 3:20.15 | 350m 3:55.47 | 400m 4:31.27 | |
| | 28.84 | 32.84 | 34.43 | 34.50 | 34.68 | 34.86 | 35.32 | 35.80 | |
| | 450m 5:06.21 | 500m 5:41.31 | 550m 6:16.73 | 600m 6:52.58 | 650m 7:27.43 | 700m 8:03.08 | 750m 8:37.87 | 800m 9:10.04 | |
| | 34.94 | 35.10 | 35.42 | 35.85 | 34.85 | 35.65 | 34.79 | 32.17 | |
| 4. | Alastair Jeffrey | 17 | Satellite | 9:33.14 | | | | | |
| | 50m 30.03 | 100m 1:04.06 | 150m 1:39.49 | 200m 2:15.64 | 250m 2:51.85 | 300m 3:28.96 | 350m 4:06.22 | 400m 4:42.39 | |
| | 30.03 | 34.03 | 35.43 | 36.15 | 36.21 | 37.11 | 37.26 | 36.17 | |
| | 450m 5:18.78 | 500m 5:55.55 | 550m 6:32.57 | 600m 7:09.45 | 650m 7:46.12 | 700m 8:22.97 | 750m 8:58.78 | 800m 9:33.14 | |
| | 36.39 | 36.77 | 37.02 | 36.88 | 36.67 | 36.85 | 35.81 | 34.36 | |

Stockport Metro Longcourse Spring Meet 2022

Lic No. NW220367

Session 1

BOY 18 Yrs/Over Age Group - Full Results

| Place | Name | AaD | Club | Time | | | | | | |
|-------|-------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--|--|
| 1. | Max Adams | 18 | Co Salford | 8:35.17 | | | | | | |
| | 50m 28.39 | 100m 59.97 | 150m 1:31.84 | 200m 2:04.05 | 250m 2:36.61 | 300m 3:09.10 | 350m 3:41.52 | 400m 4:14.09 | | |
| | 28.39 | 31.58 | 31.87 | 32.21 | 32.56 | 32.49 | 32.42 | 32.57 | | |
| | 450m 4:46.20 | 500m 5:18.48 | 550m 5:51.34 | 600m 6:24.28 | 650m 6:57.43 | 700m 7:30.72 | 750m 8:03.51 | 800m 8:35.17 | | |
| | 32.11 | 32.28 | 32.86 | 32.94 | 33.15 | 33.29 | 32.79 | 31.66 | | |
| 2. | Ryan Coulthard | 19 | Co Manch Aq | 8:55.01 | | | | | | |
| | 50m 29.35 | 100m 1:02.08 | 150m 1:35.32 | 200m 2:09.54 | 250m 2:43.06 | 300m 3:16.98 | 350m 3:51.19 | 400m 4:24.92 | | |
| | 29.35 | 32.73 | 33.24 | 34.22 | 33.52 | 33.92 | 34.21 | 33.73 | | |
| | 450m 4:59.07 | 500m 5:33.18 | 550m 6:07.02 | 600m 6:41.35 | 650m 7:15.83 | 700m 7:50.29 | 750m 8:24.53 | 800m 8:55.01 | | |
| | 34.15 | 34.11 | 33.84 | 34.33 | 34.48 | 34.46 | 34.24 | 30.48 | | |
| 3. | Louis Fenson | 20 | Loughboro Un | 8:58.00 | | | | | | |
| | 50m 30.06 | 100m 1:03.16 | 150m 1:37.29 | 200m 2:11.15 | 250m 2:45.09 | 300m 3:18.88 | 350m 3:52.84 | 400m 4:26.73 | | |
| | 30.06 | 33.10 | 34.13 | 33.86 | 33.94 | 33.79 | 33.96 | 33.89 | | |
| | 450m 5:01.01 | 500m 5:35.19 | 550m 6:09.39 | 600m 6:43.60 | 650m 7:17.96 | 700m 7:51.82 | 750m 8:25.42 | 800m 8:58.00 | | |
| | 34.28 | 34.18 | 34.20 | 34.21 | 34.36 | 33.86 | 33.60 | 32.58 | | |
| 4. | Bailey Hairsine | 23 | Co Manch Aq | 9:06.90 | | | | | | |
| | 50m 29.72 | 100m 1:02.11 | 150m 1:35.69 | 200m 2:09.37 | 250m 2:43.77 | 300m 3:17.87 | 350m 3:52.55 | 400m 4:27.24 | | |
| | 29.72 | 32.39 | 33.58 | 33.68 | 34.40 | 34.10 | 34.68 | 34.69 | | |
| | 450m 5:02.05 | 500m 5:36.80 | 550m 6:11.88 | 600m 6:46.94 | 650m 7:22.36 | 700m 7:57.62 | 750m 8:32.75 | 800m 9:06.90 | | |
| | 34.81 | 34.75 | 35.08 | 35.06 | 35.42 | 35.26 | 35.13 | 34.15 | | |
| 5. | Callum Kettlewell | 18 | Bassetlaw SS | 9:10.16 | | | | | | |
| | 50m 30.49 | 100m 1:02.14 | 150m 1:35.57 | 200m 2:09.77 | 250m 2:44.54 | 300m 3:18.88 | 350m 3:53.79 | 400m 4:28.59 | | |
| | 30.49 | 31.65 | 33.43 | 34.20 | 34.77 | 34.34 | 34.91 | 34.80 | | |
| | 450m 5:04.62 | 500m 5:39.77 | 550m 6:15.53 | 600m 6:51.16 | 650m 7:26.41 | 700m 8:01.51 | 750m 8:36.34 | 800m 9:10.16 | | |
| | 36.03 | 35.15 | 35.76 | 35.63 | 35.25 | 35.10 | 34.83 | 33.82 | | |

Stockport Metro Longcourse Spring Meet 2022

Lic No. NW220367

Session 1

| | | 450m 5:58.17 41.08 | 500m 6:38.90 40.73 | 550m 7:19.08 40.18 | 600m 7:59.63 40.55 | 650m 8:39.57 39.94 | 700m 9:20.36 40.79 | 750m 10:00.10 39.74 | 800m 10:38.22 38.12 |
|--|------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------------|------------------------|
| GIRL 16 Yrs Age Group - Full Results | | | | | | | | | |
| Place | Name | AaD Club | | Time | | | | | |
| 1. | Eleanor Kay | 16 Bolton Metro | | 9:24.86 | | | | | |
| | 50m 30.19 | 100m 1:04.39 | 150m 1:39.42 | 200m 2:14.46 | 250m 2:50.27 | 300m 3:26.14 | 350m 4:02.18 | 400m 4:38.24 | |
| | 30.19 | 34.20 | 35.03 | 35.04 | 35.81 | 35.87 | 36.04 | 36.06 | |
| | 450m 5:14.44 | 500m 5:50.41 | 550m 6:26.48 | 600m 7:02.24 | 650m 7:38.88 | 700m 8:14.49 | 750m 8:50.66 | 800m 9:24.86 | |
| | 36.20 | 35.97 | 36.07 | 35.76 | 36.64 | 35.61 | 36.17 | 34.20 | |
| 2. | Amy Kenworthy | 16 Winsford | | 9:26.88 | | | | | |
| | 50m 32.54 | 100m 1:08.01 | 150m 1:43.96 | 200m 2:19.99 | 250m 2:55.93 | 300m 3:31.58 | 350m 4:07.15 | 400m 4:42.65 | |
| | 32.54 | 35.47 | 35.95 | 36.03 | 35.94 | 35.65 | 35.57 | 35.50 | |
| | 450m 5:21.90 | 500m 5:53.36 | 550m 6:28.91 | 600m 7:05.03 | 650m 7:40.36 | 700m 8:16.22 | 750m 8:51.74 | 800m 9:26.88 | |
| | 35.25 | 35.46 | 35.55 | 36.12 | 35.33 | 35.86 | 35.52 | 35.14 | |
| 3. | Jess Widdowson | 16 Co Leeds | | 9:33.16 | | | | | |
| | 50m 32.67 | 100m 1:08.41 | 150m 1:44.33 | 200m 2:20.53 | 250m 2:56.60 | 300m 3:32.78 | 350m 4:09.44 | 400m 4:45.87 | |
| | 32.67 | 35.74 | 35.92 | 36.20 | 36.07 | 36.18 | 36.66 | 36.43 | |
| | 450m 5:21.22 | 500m 5:57.63 | 550m 6:34.04 | 600m 7:10.69 | 650m 7:46.03 | 700m 8:21.95 | 750m 8:58.03 | 800m 9:33.16 | |
| | 35.35 | 36.41 | 36.41 | 36.65 | 35.34 | 35.92 | 36.08 | 35.13 | |
| 4. | Daisy Purchase | 16 Rotherham Mo | | 9:49.95 | | | | | |
| | 50m 32.48 | 100m 1:07.60 | 150m 1:43.60 | 200m 2:19.92 | 250m 2:56.06 | 300m 3:32.92 | 350m 4:09.71 | 400m 4:46.97 | |
| | 32.48 | 35.12 | 36.00 | 36.32 | 36.14 | 36.86 | 36.79 | 37.26 | |
| | 450m 5:24.82 | 500m 6:02.81 | 550m 6:41.21 | 600m 7:19.52 | 650m 7:57.73 | 700m 8:35.89 | 750m 9:13.17 | 800m 9:49.95 | |
| | 37.85 | 37.99 | 38.40 | 38.31 | 38.21 | 38.16 | 37.28 | 36.78 | |
| 5. | Eliza Radclyffe | 16 Co Liverpool | | 9:54.91 | | | | | |
| | 50m 33.29 | 100m 1:09.57 | 150m 1:46.78 | 200m 2:23.67 | 250m 3:01.38 | 300m 3:38.34 | 350m 4:15.95 | 400m 4:53.88 | |
| | 33.29 | 36.28 | 37.21 | 36.89 | 37.71 | 36.96 | 37.61 | 37.93 | |
| | 450m 5:31.44 | 500m 6:09.37 | 550m 6:47.02 | 600m 7:24.92 | 650m 8:02.39 | 700m 8:40.69 | 750m 9:18.65 | 800m 9:54.91 | |
| | 37.56 | 37.93 | 37.65 | 37.90 | 37.47 | 38.30 | 37.96 | 36.26 | |
| 6. | Lauren Heppell | 16 Newcastle | | 10:03.53 | | | | | |
| | 50m 30.76 | 100m 1:06.93 | 150m 1:42.11 | 200m 2:22.63 | 250m 2:55.82 | 300m 3:39.10 | 350m 4:08.26 | 400m 4:56.77 | |
| | 30.76 | 36.17 | 35.18 | 40.52 | 33.19 | 43.28 | 29.16 | 48.51 | |
| | 450m 5:21.48 | 500m 6:14.45 | 550m 6:34.44 | 600m 7:32.20 | 650m 7:46.77 | 700m 8:49.83 | 750m 8:58.61 | 800m 10:03.53 | |
| | 24.71 | 52.97 | 19.99 | 57.76 | 14.57 | 1:03.06 | 08.78 | 1:04.92 | |
| 7. | Scarlett Lazenby-Trace | 16 Stretford | | 10:05.08 | | | | | |
| | 50m 33.47 | 100m 1:10.68 | 150m 1:48.57 | 200m 2:26.70 | 250m 3:05.33 | 300m 3:43.88 | 350m 4:22.49 | 400m 5:01.30 | |
| | 33.47 | 37.21 | 37.89 | 38.13 | 38.63 | 38.55 | 38.61 | 38.81 | |
| | 450m 5:39.90 | 500m 6:17.96 | 550m 6:56.96 | 600m 7:35.28 | 650m 8:13.71 | 700m 8:51.96 | 750m 9:29.46 | 800m 10:05.08 | |
| | 38.60 | 38.06 | 39.00 | 38.32 | 38.43 | 38.25 | 37.50 | 35.62 | |
| 8. | Grace Whalley | 16 Satellite | | 10:26.70 | | | | | |
| | 50m 33.78 | 100m 1:11.69 | 150m 1:50.48 | 200m 2:30.37 | 250m 3:09.76 | 300m 3:49.90 | 350m 4:29.78 | 400m 5:10.24 | |
| | 33.78 | 37.91 | 38.79 | 39.89 | 39.39 | 40.14 | 39.88 | 40.46 | |
| | 450m 5:49.85 | 500m 6:30.01 | 550m 7:09.54 | 600m 7:49.77 | 650m 8:29.64 | 700m 9:09.65 | 750m 9:48.97 | 800m 10:26.70 | |
| | 39.61 | 40.16 | 39.53 | 40.23 | 39.87 | 40.01 | 39.32 | 37.73 | |
| GIRL 17 Yrs Age Group - Full Results | | | | | | | | | |
| Place | Name | AaD Club | | Time | | | | | |
| 1. | Eliza Pinkstone | 17 Stockport Mo | | 9:30.57 | | | | | |
| | 50m 32.27 | 100m 1:04.89 | 150m 1:42.42 | 200m 2:14.87 | 250m 2:54.90 | 300m 3:26.21 | 350m 4:08.07 | 400m 4:39.07 | |
| | 32.27 | 32.62 | 37.53 | 32.45 | 40.03 | 31.31 | 41.86 | 31.00 | |
| | 450m 5:21.65 | 500m 5:52.42 | 550m 6:34.56 | 600m 7:06.45 | 650m 7:46.79 | 700m 8:19.79 | 750m 8:57.46 | 800m 9:30.57 | |
| | 42.58 | 30.77 | 42.14 | 31.89 | 40.34 | 33.00 | 37.67 | 33.11 | |
| 2. | Holly Lamb | 17 Ellesmere Co | | 9:32.37 | | | | | |
| | 50m 31.45 | 100m 1:06.36 | 150m 1:42.56 | 200m 2:19.05 | 250m 2:55.66 | 300m 3:32.50 | 350m 4:09.07 | 400m 4:45.59 | |
| | 31.45 | 34.91 | 36.20 | 36.49 | 36.61 | 36.84 | 36.57 | 36.52 | |
| | 450m 5:22.01 | 500m 5:58.26 | 550m 6:34.86 | 600m 7:11.34 | 650m 7:47.22 | 700m 8:23.08 | 750m 8:58.56 | 800m 9:32.37 | |
| | 36.42 | 36.25 | 36.60 | 36.48 | 35.88 | 35.86 | 35.48 | 33.81 | |
| 3. | Lucy Dixon | 17 Co Salford | | 9:49.72 | | | | | |
| | 50m 31.64 | 100m 1:07.20 | 150m 1:44.06 | 200m 2:20.85 | 250m 2:57.86 | 300m 3:35.07 | 350m 4:12.22 | 400m 4:49.86 | |
| | 31.64 | 35.56 | 36.86 | 36.79 | 37.01 | 37.21 | 37.15 | 37.64 | |
| | 450m 5:27.35 | 500m 6:05.27 | 550m 6:42.88 | 600m 7:20.90 | 650m 7:58.22 | 700m 8:35.66 | 750m 9:13.01 | 800m 9:49.72 | |
| | 37.49 | 37.92 | 37.61 | 38.02 | 37.32 | 37.44 | 37.35 | 36.71 | |
| 4. | Bryony Lowe | 17 Ellesmere Co | | 9:55.68 | | | | | |
| | 50m 31.98 | 100m 1:07.87 | 150m 1:44.72 | 200m 2:21.63 | 250m 2:58.75 | 300m 3:36.30 | 350m 4:14.14 | 400m 4:51.78 | |
| | 31.98 | 35.89 | 36.85 | 36.91 | 37.12 | 37.55 | 37.84 | 37.64 | |
| | 450m 5:29.72 | 500m 6:07.56 | 550m 6:45.87 | 600m 7:24.09 | 650m 8:02.36 | 700m 8:40.58 | 750m 9:18.60 | 800m 9:55.68 | |
| | 37.94 | 37.84 | 38.31 | 38.22 | 38.27 | 38.22 | 38.02 | 37.08 | |
| GIRL 18 Yrs/Over Age Group - Full Results | | | | | | | | | |
| Place | Name | AaD Club | | Time | | | | | |
| 1. | Emma Wills | 43 York City | | 9:34.45 | | | | | |
| | 50m 32.46 | 100m 1:07.31 | 150m 1:43.13 | 200m 2:18.89 | 250m 2:55.10 | 300m 3:31.60 | 350m 4:08.21 | 400m 4:44.57 | |
| | 32.46 | 34.85 | 35.82 | 35.76 | 36.21 | 36.50 | 36.61 | 36.36 | |
| | 450m 5:20.94 | 500m 5:57.37 | 550m 6:33.95 | 600m 7:10.34 | 650m 7:46.95 | 700m 8:23.28 | 750m 8:59.68 | 800m 9:34.45 | |
| | 36.37 | 36.43 | 36.58 | 36.39 | 36.61 | 36.33 | 36.40 | 34.77 | |
| 2. | Lola Oke | 18 Ellesmere Co | | 9:46.16 | | | | | |
| | 50m 32.12 | 100m 1:08.17 | 150m 1:45.15 | 200m 2:22.18 | 250m 2:59.35 | 300m 3:37.13 | 350m 4:14.63 | 400m 4:52.49 | |
| | 32.12 | 36.05 | 36.98 | 37.03 | 37.17 | 37.78 | 37.50 | 37.86 | |
| | 450m 5:30.02 | 500m 6:07.83 | 550m 6:44.79 | 600m 7:22.22 | 650m 7:58.96 | 700m 8:36.03 | 750m 9:11.70 | 800m 9:46.16 | |
| | 37.53 | 37.81 | 36.96 | 37.43 | 36.74 | 37.07 | 35.67 | 34.46 | |
| 3. | Caitlin O'Brien | 19 Blackpool Aq | | 10:24.14 | | | | | |
| | 50m 33.45 | 100m 1:10.67 | 150m 1:49.36 | 200m 2:28.29 | 250m 3:07.53 | 300m 3:47.01 | 350m 4:27.02 | 400m 5:07.11 | |
| | 33.45 | 37.22 | 38.69 | 38.93 | 39.24 | 39.48 | 40.01 | 40.09 | |
| | 450m 5:47.13 | 500m 6:27.39 | 550m 7:07.60 | 600m 7:47.48 | 650m 8:27.66 | 700m 9:07.56 | 750m 9:47.18 | 800m 10:24.14 | |
| | 40.02 | 40.26 | 40.21 | 39.88 | 40.18 | 39.90 | 39.62 | 36.96 | |

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BOY 16 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|----------------|----------------|----------------|----------------|
| 1. | Samuel Grimes | 16 | Wigan BEST | 17:07.15 |
| | 50m 29.53 | 100m 1:02.54 | 150m 1:36.20 | 200m 2:09.63 |
| | 29.53 | 33.01 | 33.66 | 33.43 |
| | 450m 5:01.00 | 500m 5:35.29 | 550m 6:10.13 | 600m 6:44.66 |
| | 34.63 | 34.29 | 34.84 | 34.53 |
| | 850m 9:38.90 | 900m 10:13.34 | 950m 10:48.58 | 1000m 11:23.31 |
| | 34.21 | 34.44 | 35.24 | 34.73 |
| | 1250m 14:17.41 | 1300m 14:52.05 | 1350m 15:26.83 | 1400m 16:00.60 |
| | 34.73 | 34.64 | 34.78 | 33.77 |
| 2. | Lewis Turner | 16 | Winsford | 17:19.78 |
| | 50m 30.33 | 100m 1:03.26 | 150m 1:37.36 | 200m 2:11.63 |
| | 30.33 | 32.93 | 34.10 | 34.27 |
| | 450m 5:04.34 | 500m 5:39.26 | 550m 6:14.26 | 600m 6:49.29 |
| | 34.52 | 34.92 | 35.00 | 35.03 |
| | 850m 9:43.59 | 900m 10:19.08 | 950m 10:53.80 | 1000m 11:28.97 |
| | 34.70 | 35.49 | 34.72 | 35.17 |
| | 1250m 14:25.39 | 1300m 15:00.78 | 1350m 15:35.91 | 1400m 16:11.48 |
| | 35.21 | 35.39 | 35.13 | 35.57 |
| 3. | Adam Wright | 16 | Winsford | 17:39.03 |
| | 50m 31.55 | 100m 1:05.96 | 150m 1:41.28 | 200m 2:16.56 |
| | 31.55 | 34.41 | 35.32 | 35.28 |
| | 450m 5:13.86 | 500m 5:49.57 | 550m 6:25.35 | 600m 7:01.06 |
| | 35.52 | 35.71 | 35.78 | 35.71 |
| | 850m 9:58.76 | 900m 10:34.02 | 950m 11:09.42 | 1000m 11:44.99 |
| | 35.27 | 35.26 | 35.40 | 35.57 |
| | 1250m 14:42.50 | 1300m 15:18.23 | 1350m 15:53.88 | 1400m 16:29.66 |
| | 35.72 | 35.73 | 35.65 | 35.78 |

BOY 17 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|----------------|----------------|----------------|----------------|
| 1. | Luke Critchlow | 17 | Stockport Mo | 16:41.29 |
| | 50m 29.54 | 100m 1:02.27 | 150m 1:35.49 | 200m 2:08.37 |
| | 29.54 | 32.73 | 33.22 | 32.88 |
| | 450m 4:55.72 | 500m 5:29.15 | 550m 6:02.67 | 600m 6:35.89 |
| | 33.36 | 33.43 | 33.52 | 33.22 |
| | 850m 9:23.89 | 900m 9:57.69 | 950m 10:31.92 | 1000m 11:05.71 |
| | 33.21 | 33.80 | 34.23 | 33.79 |
| | 1250m 13:54.71 | 1300m 14:28.17 | 1350m 15:01.91 | 1400m 15:35.13 |
| | 33.78 | 33.46 | 33.74 | 33.22 |
| 2. | Archie Neaves | 17 | Ellesmere Co | 17:07.99 |
| | 50m 30.71 | 100m 1:03.92 | 150m 1:37.75 | 200m 2:12.03 |
| | 30.71 | 33.21 | 33.83 | 34.28 |
| | 450m 5:05.13 | 500m 5:39.76 | 550m 6:14.44 | 600m 6:48.91 |
| | 34.57 | 34.63 | 34.68 | 34.47 |
| | 850m 9:42.56 | 900m 10:17.09 | 950m 10:51.70 | 1000m 11:26.25 |
| | 34.83 | 34.53 | 34.61 | 34.55 |
| | 1250m 15:27.73 | 1300m 14:53.44 | 1350m - | 1400m 16:01.93 |
| | 1:43.43 | 25.71 | - | 1:08.49 |

BOY 18 Yrs/Over Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|------------------|----------------|----------------|----------------|
| 1. | Patrick Braddock | 18 | Oldham Aqua | 16:38.41 |
| | 50m 29.29 | 100m 1:01.81 | 150m 1:34.79 | 200m 2:07.81 |
| | 29.29 | 32.52 | 32.98 | 33.02 |
| | 450m 4:55.05 | 500m 5:28.58 | 550m 6:01.72 | 600m 6:35.11 |
| | 33.56 | 33.53 | 33.14 | 33.39 |
| | 850m 9:24.14 | 900m 9:57.69 | 950m 10:31.46 | 1000m 11:05.44 |
| | 33.73 | 33.55 | 33.77 | 33.98 |
| | 1250m 13:53.80 | 1300m 14:27.34 | 1350m 15:00.87 | 1400m 15:34.24 |
| | 33.51 | 33.54 | 33.53 | 33.37 |
| 2. | Kyle Offer | 18 | Co Coventry | 17:22.06 |
| | 50m 29.91 | 100m 1:03.31 | 150m 1:37.38 | 200m 2:11.50 |
| | 29.91 | 33.40 | 34.07 | 34.12 |
| | 450m 5:04.49 | 500m 5:39.16 | 550m 6:14.00 | 600m 6:49.03 |
| | 34.87 | 34.67 | 34.84 | 35.03 |
| | 850m 9:45.71 | 900m 10:20.69 | 950m 10:55.96 | 1000m 11:31.10 |
| | 35.71 | 34.98 | 35.27 | 35.14 |
| | 1250m 14:28.16 | 1300m 15:03.45 | 1350m 15:38.70 | 1400m 16:13.80 |
| | 35.28 | 35.29 | 35.25 | 35.10 |

GIRL 12 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|-------------------|----------------|----------------|----------------|
| 1. | Pollyanna Kershaw | 12 | Blackpool Aq | 20:19.35 |
| | 50m 34.32 | 100m 1:13.57 | 150m 1:53.97 | 200m 2:34.96 |
| | 34.32 | 39.25 | 40.40 | 40.99 |
| | 450m 6:01.83 | 500m 6:43.51 | 550m 7:25.07 | 600m 8:06.89 |
| | 41.60 | 41.68 | 41.56 | 41.82 |
| | 850m 11:32.80 | 900m 12:13.86 | 950m 12:54.06 | 1000m 13:35.44 |
| | 40.86 | 41.06 | 40.20 | 41.38 |
| | 1250m 17:00.10 | 1300m 17:41.39 | 1350m 18:21.17 | 1400m 19:02.50 |
| | 40.96 | 41.29 | 39.78 | 41.33 |

GIRL 13 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time |
|-------|-----------------|----------------|----------------|----------------|
| 1. | Annabelle Rogan | 13 | Wirral Metro | 19:56.89 |
| | 50m 33.68 | 100m 1:11.68 | 150m 1:51.18 | 200m 2:30.63 |
| | 33.68 | 38.00 | 39.50 | 39.45 |
| | 450m 5:49.98 | 500m 6:30.10 | 550m 7:10.83 | 600m 7:50.97 |
| | 40.30 | 40.12 | 40.73 | 40.14 |
| | 850m 11:12.95 | 900m 11:53.83 | 950m 12:34.51 | 1000m 13:15.40 |
| | 40.38 | 40.88 | 40.68 | 40.89 |
| | 1250m 16:40.18 | 1300m 17:21.08 | 1350m 18:01.80 | 1400m 18:41.65 |
| | 41.13 | 40.90 | 40.72 | 39.85 |

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| | | | | | | | | | |
|------------------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 2. Lauren Watson | 13 Wigan BEST | 20:10.62 | | | | | | | |
| 50m 35.29 | 100m 1:13.81 | 150m 1:53.55 | 200m 2:33.37 | 250m 3:13.54 | 300m 3:53.87 | 350m 4:34.53 | 400m 5:14.76 | 450m 5:55.65 | 500m 6:35.50 |
| 35.29 | 38.52 | 39.74 | 39.82 | 40.17 | 40.33 | 40.66 | 40.85 | 40.89 | 41.26 |
| 40.89 | 41.26 | 41.21 | 40.78 | 41.44 | 40.92 | 41.62 | 40.66 | 40.85 | 41.20 |
| 41.20 | 40.33 | 40.76 | 40.25 | 40.76 | 39.43 | | | | |

GIRL 14 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | | | | | | |
|-------|-------------------|-------|--------------|----------|---------|-------|---------|-------|---------|--|
| 1. | Kerry Hennie | 14 | Warrington W | 18:23.55 | | | | | | |
| 50m | 33.17 | 100m | 1:10.25 | 150m | 1:46.81 | 200m | 2:23.96 | 250m | 3:00.89 | |
| 33.17 | 37.08 | 36.56 | 37.15 | 36.93 | 37.18 | 36.90 | 37.75 | 36.92 | 37.33 | |
| 36.64 | 37.08 | 36.73 | 37.00 | 36.85 | 37.04 | 37.00 | 37.33 | 37.00 | 37.33 | |
| 36.60 | 37.00 | 36.57 | 37.34 | 36.63 | 37.03 | 36.78 | 37.36 | 36.60 | 37.36 | |
| 37.21 | 36.87 | 36.73 | 37.18 | 36.64 | 36.05 | | | | | |
| 2. | Jennifer Walker | 14 | Bassetlaw SS | 18:49.62 | | | | | | |
| 50m | 34.07 | 100m | 1:11.61 | 150m | 1:50.17 | 200m | 2:27.40 | 250m | 3:05.39 | |
| 34.07 | 37.54 | 38.56 | 37.23 | 37.99 | 37.43 | 38.64 | 4:59.21 | 36.92 | 37.75 | |
| 36.64 | 37.08 | 36.73 | 37.00 | 36.85 | 37.04 | 37.00 | 37.33 | 37.00 | 37.33 | |
| 36.60 | 37.00 | 36.57 | 37.34 | 36.63 | 37.03 | 36.78 | 37.36 | 36.60 | 37.36 | |
| 37.21 | 36.87 | 36.73 | 37.18 | 36.64 | 36.05 | | | | | |
| 3. | Charlotte Moreton | 14 | Co Leeds | 18:50.70 | | | | | | |
| 50m | 31.94 | 100m | 1:06.94 | 150m | 1:43.35 | 200m | 2:19.96 | 250m | 2:57.10 | |
| 31.94 | 35.00 | 36.41 | 36.61 | 37.14 | 37.03 | 37.31 | 4:49.07 | 37.63 | 37.33 | |
| 38.26 | 37.74 | 38.38 | 37.59 | 38.33 | 37.79 | 38.39 | 38.25 | 38.25 | 38.25 | |
| 38.26 | 37.74 | 38.38 | 37.59 | 38.33 | 37.79 | 38.39 | 38.25 | 38.25 | 38.25 | |
| 38.94 | 38.82 | 38.42 | 38.27 | 37.35 | 34.70 | | | | | |
| 4. | Megan Rickels | 14 | Warrington W | 18:52.32 | | | | | | |
| 50m | 33.62 | 100m | 1:10.31 | 150m | 1:47.58 | 200m | 2:24.41 | 250m | 3:01.69 | |
| 33.62 | 36.69 | 37.27 | 36.83 | 37.28 | 36.87 | 37.24 | 4:52.80 | 37.00 | 37.00 | |
| 37.46 | 37.38 | 37.96 | 37.82 | 38.67 | 38.06 | 38.48 | 38.15 | 38.15 | 38.15 | |
| 38.50 | 38.13 | 37.96 | 38.23 | 38.24 | 38.51 | 38.10 | 38.60 | 38.60 | 38.60 | |
| 38.05 | 38.30 | 38.92 | 38.06 | 38.56 | 37.38 | | | | | |
| 5. | Olivia O'Mahony | 14 | Cockermouth | 19:48.71 | | | | | | |
| 50m | 32.54 | 100m | 1:10.27 | 150m | 1:48.69 | 200m | 2:27.97 | 250m | 3:07.09 | |
| 32.54 | 37.73 | 38.42 | 39.28 | 39.12 | 40.10 | 39.27 | 40.25 | 39.27 | 40.25 | |
| 40.18 | 40.01 | 39.82 | 39.71 | 40.00 | 40.26 | 39.76 | 39.94 | 39.94 | 39.94 | |
| 40.33 | 40.40 | 40.47 | 40.06 | 40.27 | 40.47 | 40.64 | 40.46 | 40.46 | 40.46 | |
| 40.02 | 40.55 | 39.87 | 40.17 | 39.84 | 38.77 | | | | | |

GIRL 15 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | | | | | | |
|-------|--------------|-------|--------------|----------|---------|-------|---------|-------|---------|--|
| 1. | Sophie Trill | 15 | Stockport Mo | 17:45.47 | | | | | | |
| 50m | 31.35 | 100m | 1:06.10 | 150m | 1:41.69 | 200m | 2:17.27 | 250m | 2:52.67 | |
| 31.35 | 34.75 | 35.59 | 35.58 | 35.40 | 35.36 | 35.32 | 4:38.83 | 35.48 | 35.48 | |
| 35.36 | 35.83 | 35.58 | 35.85 | 35.54 | 35.79 | 36.01 | 35.69 | 35.69 | 35.69 | |
| 35.53 | 35.92 | 36.09 | 35.82 | 35.77 | 36.11 | 35.87 | 36.29 | 36.29 | 36.29 | |
| 36.13 | 35.88 | 35.72 | 35.98 | 35.30 | 34.58 | | | | | |
| 2. | Rachel Webb | 15 | Bassetlaw SS | 18:00.65 | | | | | | |
| 50m | 30.90 | 100m | 1:05.85 | 150m | 1:41.88 | 200m | 2:18.08 | 250m | 2:54.27 | |
| 30.90 | 34.95 | 36.03 | 36.20 | 36.19 | 36.17 | 36.44 | 4:43.33 | 36.45 | 36.45 | |
| 36.64 | 36.25 | 35.96 | 35.79 | 36.36 | 36.11 | 36.04 | 36.27 | 36.27 | 36.27 | |
| 36.51 | 36.58 | 36.34 | 36.58 | 36.35 | 36.55 | 36.22 | 36.52 | 36.52 | 36.52 | |
| 36.77 | 36.57 | 36.59 | 36.37 | 36.11 | 33.82 | | | | | |
| 3. | Sedona Reed | 15 | Co Leeds | 18:29.38 | | | | | | |
| 50m | 32.18 | 100m | 1:07.66 | 150m | 1:44.16 | 200m | 2:20.90 | 250m | 2:57.90 | |
| 32.18 | 35.48 | 36.50 | 36.74 | 37.00 | 37.40 | 37.53 | 4:50.11 | 37.28 | 37.28 | |
| 37.10 | 38.18 | 38.64 | 37.93 | 37.78 | 36.99 | 37.51 | 37.54 | 37.54 | 37.54 | |
| 37.21 | 37.16 | 37.35 | 37.30 | 37.59 | 37.73 | 37.43 | 37.00 | 37.00 | 37.00 | |
| 37.58 | 36.62 | 37.24 | 36.95 | 35.73 | 34.71 | | | | | |
| 4. | Cara Tohill | 15 | Co Salford | 18:37.84 | | | | | | |
| 50m | 33.05 | 100m | 1:09.43 | 150m | 1:46.31 | 200m | 2:23.84 | 250m | 3:01.53 | |
| 33.05 | 36.38 | 36.88 | 37.53 | 37.69 | 38.02 | 38.13 | 4:55.64 | 37.96 | 37.96 | |
| 37.73 | 38.01 | 37.50 | 37.86 | 37.64 | 37.59 | 37.77 | 37.59 | 37.59 | 37.59 | |
| 37.85 | 37.11 | 38.28 | 36.79 | 37.81 | 37.11 | 37.69 | 36.93 | 36.93 | 36.93 | |
| 37.69 | 36.87 | 37.63 | 36.56 | 36.67 | 35.52 | | | | | |

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GIRL 16 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | |
|-------|-------------------|----------------|----------------|----------------|----------------|
| 1. | Ella Blocksidge | 16 | Co Salford | 18:06.80 | |
| | 50m 31.84 | 100m 1:07.14 | 150m 1:42.91 | 200m 2:19.41 | 250m 2:55.41 |
| | 31.84 | 35.30 | 35.77 | 36.50 | 36.00 |
| | 450m 5:20.68 | 500m 5:57.17 | 550m 6:33.60 | 600m 7:10.07 | 650m 7:46.77 |
| | 36.28 | 36.49 | 36.43 | 36.47 | 36.70 |
| | 850m 10:13.91 | 900m 10:50.95 | 950m 11:27.18 | 1000m 12:04.00 | 1050m 12:40.79 |
| | 37.00 | 37.04 | 36.23 | 36.82 | 36.79 |
| | 1250m 15:07.55 | 1300m 15:44.09 | 1350m 16:20.53 | 1400m 16:56.89 | 1450m 17:32.70 |
| | 36.92 | 36.54 | 36.44 | 36.36 | 35.81 |
| 2. | Alexandra Bulat | 16 | Lincoln Vulc | 18:27.36 | |
| | 50m 31.95 | 100m 1:07.38 | 150m 1:43.51 | 200m 2:20.27 | 250m 2:57.32 |
| | 31.95 | 35.43 | 36.13 | 36.76 | 37.05 |
| | 450m 5:25.30 | 500m 6:02.28 | 550m 6:39.35 | 600m 7:16.75 | 650m 7:54.01 |
| | 36.74 | 36.98 | 37.07 | 37.40 | 37.26 |
| | 850m 10:24.76 | 900m 11:02.19 | 950m 11:39.96 | 1000m 12:17.74 | 1050m 12:55.34 |
| | 38.08 | 37.43 | 37.77 | 37.78 | 37.60 |
| | 1250m 15:25.66 | 1300m 16:02.78 | 1350m 16:40.40 | 1400m 17:16.92 | 1450m 17:53.12 |
| | 37.91 | 37.12 | 37.62 | 36.52 | 36.20 |
| 3. | Megan Pendleton | 16 | Wirral Metro | 18:44.36 | |
| | 50m 33.54 | 100m 1:10.11 | 150m 1:47.62 | 200m 2:24.96 | 250m 3:02.40 |
| | 33.54 | 36.57 | 37.51 | 37.34 | 37.44 |
| | 450m 5:31.77 | 500m 6:09.18 | 550m 6:46.49 | 600m 7:24.16 | 650m 8:01.33 |
| | 37.17 | 37.41 | 37.31 | 37.67 | 37.17 |
| | 850m 10:31.70 | 900m 11:09.60 | 950m 11:47.14 | 1000m 12:24.96 | 1050m 13:02.63 |
| | 37.61 | 37.90 | 37.54 | 37.82 | 37.67 |
| | 1250m 15:34.16 | 1300m 16:12.18 | 1350m 16:50.45 | 1400m 17:28.87 | 1450m 18:06.97 |
| | 37.52 | 38.02 | 38.27 | 38.42 | 38.10 |
| 4. | Natasha McDonnell | 16 | Wirral Metro | 18:46.42 | |
| | 50m 33.34 | 100m 1:10.20 | 150m 1:48.00 | 200m 2:25.61 | 250m 3:03.59 |
| | 33.34 | 36.86 | 37.80 | 37.61 | 37.98 |
| | 450m 5:34.85 | 500m 6:12.37 | 550m 6:50.20 | 600m 7:27.96 | 650m 8:05.95 |
| | 38.03 | 37.52 | 37.83 | 37.76 | 37.99 |
| | 850m 10:36.90 | 900m 11:14.72 | 950m 11:52.51 | 1000m 12:30.30 | 1050m 13:08.34 |
| | 37.87 | 37.82 | 37.79 | 37.79 | 38.04 |
| | 1250m 15:40.41 | 1300m 16:18.13 | 1350m 16:56.19 | 1400m 17:33.63 | 1450m 18:10.91 |
| | 38.06 | 37.72 | 38.06 | 37.44 | 37.28 |
| 5. | Gia Hothersall | 16 | Wirral Metro | 18:51.18 | |
| | 50m 32.90 | 100m 1:09.54 | 150m 1:46.37 | 200m 2:23.87 | 250m 3:01.45 |
| | 32.90 | 36.64 | 36.83 | 37.50 | 37.58 |
| | 450m 5:32.66 | 500m 6:10.46 | 550m 6:47.99 | 600m 7:26.07 | 650m 8:04.17 |
| | 37.76 | 37.80 | 37.53 | 38.08 | 38.10 |
| | 850m 10:37.19 | 900m 11:15.53 | 950m 11:53.55 | 1000m 12:31.91 | 1050m 13:09.85 |
| | 38.10 | 38.34 | 38.02 | 38.36 | 37.94 |
| | 1250m 15:43.52 | 1300m 16:22.17 | 1350m 16:59.98 | 1400m 17:38.31 | 1450m 18:15.46 |
| | 38.45 | 38.65 | 37.81 | 38.33 | 37.15 |

GIRL 17 Yrs Age Group - Full Results

| Place | Name | AaD | Club | Time | |
|-------|----------------|----------------|----------------|----------------|----------------|
| 1. | Olivia Sheehan | 17 | Wigan BEST | 17:40.68 | |
| | 50m 31.87 | 100m 1:06.68 | 150m 1:42.01 | 200m 2:17.80 | 250m 2:53.43 |
| | 31.87 | 34.81 | 35.33 | 35.79 | 35.63 |
| | 450m 5:16.23 | 500m 5:51.59 | 550m 6:26.92 | 600m 7:02.57 | 650m 7:37.77 |
| | 35.79 | 35.36 | 35.33 | 35.65 | 35.20 |
| | 850m 9:59.40 | 900m 10:34.97 | 950m 11:10.58 | 1000m 11:46.42 | 1050m 12:22.04 |
| | 35.48 | 35.57 | 35.61 | 35.84 | 35.62 |
| | 1250m 14:44.71 | 1300m 15:20.57 | 1350m 15:55.65 | 1400m 16:31.54 | 1450m 17:06.33 |
| | 35.33 | 35.86 | 35.08 | 35.89 | 34.79 |
| 2. | Mollie Fisher | 17 | Rotherham Mo | 17:54.05 | |
| | 50m 30.82 | 100m 1:05.34 | 150m 1:40.92 | 200m 2:16.66 | 250m 2:52.41 |
| | 30.82 | 34.52 | 35.58 | 35.74 | 35.75 |
| | 450m 5:14.80 | 500m 5:50.43 | 550m 6:26.16 | 600m 7:02.03 | 650m 7:37.52 |
| | 35.66 | 35.63 | 35.73 | 35.87 | 35.49 |
| | 850m 10:02.20 | 900m 10:38.16 | 950m 11:14.86 | 1000m 11:50.87 | 1050m 12:27.71 |
| | 36.45 | 35.96 | 36.70 | 36.01 | 36.84 |
| | 1250m 14:53.86 | 1300m 15:30.41 | 1350m 16:06.80 | 1400m 16:42.88 | 1450m 17:19.31 |
| | 36.68 | 36.55 | 36.39 | 36.08 | 36.43 |
| 3. | Amelia Brian | 17 | Ellesmere Co | 18:01.22 | |
| | 50m 31.64 | 100m 1:06.79 | 150m 1:42.55 | 200m 2:18.18 | 250m 2:54.33 |
| | 31.64 | 35.15 | 35.76 | 35.63 | 36.15 |
| | 450m 5:19.40 | 500m 5:55.36 | 550m 6:31.47 | 600m 7:07.27 | 650m 7:44.06 |
| | 36.65 | 35.96 | 36.11 | 35.80 | 36.79 |
| | 850m 10:08.84 | 900m 10:45.25 | 950m 11:21.63 | 1000m 11:58.33 | 1050m 12:34.52 |
| | 35.97 | 36.41 | 36.38 | 36.70 | 36.19 |
| | 1250m 15:01.29 | 1300m 15:37.80 | 1350m 16:14.28 | 1400m 16:50.33 | 1450m 17:26.20 |
| | 36.84 | 36.51 | 36.48 | 36.05 | 35.87 |
| 4. | Lauren Jones | 17 | Warrington W | 18:19.87 | |
| | 50m 33.42 | 100m 1:09.61 | 150m 1:46.37 | 200m 2:23.10 | 250m 3:00.37 |
| | 33.42 | 36.19 | 36.76 | 36.73 | 37.27 |
| | 450m 5:28.26 | 500m 6:05.17 | 550m 6:42.35 | 600m 7:19.29 | 650m 7:56.27 |
| | 37.08 | 36.91 | 37.18 | 36.94 | 36.98 |
| | 850m 10:24.00 | 900m 11:00.45 | 950m 11:37.36 | 1000m 12:13.89 | 1050m 12:50.82 |
| | 36.92 | 36.45 | 36.91 | 36.53 | 36.93 |
| | 1250m 15:18.45 | 1300m 15:55.10 | 1350m 16:31.70 | 1400m 17:07.85 | 1450m 17:44.13 |
| | 36.90 | 36.65 | 36.60 | 36.15 | 36.28 |
| 5. | Abigail Heald | 17 | Co Leeds | 19:15.77 | |
| | 50m 33.18 | 100m 1:09.32 | 150m 1:46.38 | 200m 2:23.88 | 250m 3:01.56 |
| | 33.18 | 36.14 | 37.06 | 37.50 | 37.68 |
| | 450m 5:34.65 | 500m 6:13.27 | 550m 6:51.96 | 600m 7:30.62 | 650m 8:09.29 |
| | 38.31 | 38.62 | 38.69 | 38.66 | 38.67 |
| | 850m 10:45.29 | 900m 11:24.44 | 950m 12:03.35 | 1000m 12:43.19 | 1050m 13:22.76 |
| | 38.83 | 39.15 | 38.91 | 39.84 | 39.57 |
| | 1250m 16:01.36 | 1300m 16:40.72 | 1350m 17:20.14 | 1400m 17:59.37 | 1450m 18:38.20 |
| | 39.54 | 39.36 | 39.42 | 39.23 | 38.83 |



Stockport Metro Longcourse Spring Meet 2022

Lic No. NW220367

Session 1

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|--------------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|--|--|--|--|
| 6. Sophie Grindley | | 17 Winsford | | 19:19.82 | | | | | | | |
| 50m 33.32 | 100m 1:09.64 | 150m 1:46.50 | 200m 2:24.09 | 250m 3:01.62 | 300m 3:39.72 | 350m 4:18.12 | 400m 4:56.56 | | | | |
| 33.32 | 36.32 | 36.86 | 37.59 | 37.53 | 38.10 | 38.40 | 38.44 | | | | |
| 450m 5:35.18 | 500m 6:13.96 | 550m 6:53.12 | 600m 7:32.25 | 650m 8:11.35 | 700m 8:50.34 | 750m 9:29.46 | 800m 10:08.74 | | | | |
| 38.62 | 38.78 | 39.16 | 39.13 | 39.10 | 38.99 | 39.12 | 39.28 | | | | |
| 850m 10:48.05 | 900m 11:27.20 | 950m 12:06.52 | 1000m 12:45.99 | 1050m 13:25.52 | 1100m 14:05.03 | 1150m 14:44.71 | 1200m 15:24.24 | | | | |
| 39.31 | 39.15 | 39.32 | 39.47 | 39.53 | 39.51 | 39.68 | 39.53 | | | | |
| 1250m 16:03.85 | 1300m 16:43.46 | 1350m 17:22.39 | 1400m 18:01.55 | 1450m 18:40.88 | 1500m 19:19.82 | | | | | | |
| 39.61 | 39.61 | 38.93 | 39.16 | 39.33 | 38.94 | | | | | | |